FORM 4

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington, D.C. 20549

APPROVAL

OMB Number:	3235-0287
Estimated average burden	
hours per response:	0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan for the purchase or sale of equity securities of the issuer that is intended to satisfy the

### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

affirmative defense of 10b5-1(c). See Instr								
1. Name and Address Schmachtenber	of Reporting Person* rger Christopher	· <u>H.</u>	2. Issuer Name <b>and</b> Ticker or Trading Symbol FORWARD AIR CORP [ FWRD ]		tionship of Reporting Person all applicable) Director	(s) to Issuer		
(Last)	(First)	(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 03/14/2024		Officer (give title below)	Other (specify below)		
1915 SNAPPS FE BUILDING N	RRY ROAD		4. If Amendment, Date of Original Filed (Month/Day/Year)	Individual or Joint/Group Filing (Check Applicable Line)     X Form filed by One Reporting Person				
(Street)					Form filed by More than C	One Reporting Person		
GREENEVILLE 	TN	37745						
(City)	(State)	(Zip)						

# Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transac Code (Ir 8)	tion	4. Securities Ad Disposed Of (D			Securities	Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	v	Amount	(A) or (D)	Price	(Instr. 3 and 4)		(msu. 4)

### Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transac Code (In 8)		5. Number Derivativ Securitie Acquired Disposed (Instr. 3, 4	e s I (A) or d of (D)	6. Date Exercisable and Expiration Date (Month/Day/Year) 7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		derlying curity	8. Price of Derivative Security (Instr. 5)	Reported	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)	
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		Transaction(s) (Instr. 4)		
Series B Preferred Units	\$0	03/14/2024		<b>J</b> <sup>(1)</sup>		5,511(2)		(2)	(2)	Common Stock	5,511	\$0	5,511	I	By Partnership <sup>(2)</sup>
Class B Units	\$0	03/14/2024		J <sup>(1)</sup>		5,511 <sup>(3)</sup>		(3)	(3)	Common Stock	5,511	\$0	5,511	I	By Partnership <sup>(3)</sup>
Series C-2 Units	\$0	03/14/2024		<b>J</b> <sup>(1)</sup>		9,529 <sup>(4)</sup>		(4)	(4)	Class B Units	9,529	\$0	9,529	I	By Partnership <sup>(4)</sup>

### Explanation of Responses:

- 1. Distribution from Omni Investor Holdings, LLC.
- 2. Represents Series B Preferred Units received by RC94 Partners (the 'Partnership'). Series B Preferred Units and corresponding Opco Class B Units are exchangeable at the option of the holder into shares of the Issuer's common stock. The Series B Preferred Units do not have an expiration date. The reporting person is a general partner of the Partnership and holds a 50% ownership stake in the Partnership. The reporting person disclaims beneficial ownership of the securities held by the Partnership, except to the extent of his pecuniary interest therein.
- 3. Represents Opco Class B Units received by the Partnership. Series B Preferred Units and corresponding Opco Class B Units are exchangeable into shares of the Issuer's common stock. The Opco Class B Units do not have an expiration date. The reporting person is a general partner of the Partnership and holds a 50% ownership stake in the Partnership. The reporting person disclaims beneficial ownership of the securities held by the Partnership, except to the extent of his pecuniary interest therein.
- 4. Represents Opco Series C-2 Units received by the Partnership. The Opco Series C-2 Units will automatically convert into a corresponding number of Opco Class B Units and Series B Preferred Units upon receipt of approval from the Issuer's shareholders. The Opco Series C-2 Units do not have an expiration date. The reporting person is the general partner of the Partnership and holds a 50% ownership stake in the Partnership. The reporting person disclaims beneficial ownership of the securities held by the Partnership, except to the extent of his pecuniary interest therein.

### Remarks:

/s/ Michael L. Hance, Attorney-in- 03/29/2024 **Fact** 

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.