FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

| OMB APPRO | JAVC |
|---------------------|-----------|
| OMB Number: | 3235-0287 |
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| hours per response | 0.5 |

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| Responses) | | | | | | | | | | | | | | | |
|--|---|--|---|--|---|---|--|--|---|--|---|--|--|--|--|
| 1. Name and Address of Reporting Person * 2. Issuer Name and Ticker or Trading Symbol FORWARD AIR CORP [FWRD] | | | | | | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner | | | | | | | | | |
| PPS FERR | (First) Y ROAD, BUI | LDDIGII | 3. Date of Earliest Transaction (Month/Day/Year) 05/11/2022 | | | | | Officer (giv | ve title below) | Othe | er (specify belo | w) | | | |
| TILE TN | (Street) | 4 | 4. If Amendment, Date Original Filed(Month/Day/Year) | | | | | | _X_ | 6. Individual or Joint/Group Filing(Check Applicable Line) Form filed by One Reporting Person Form filed by More than One Reporting Person | | | | | |
| TEEE, TTV | (State) | (Zip) | | | Tabl | e I - N | on-Dei | rivative | e Securitie | es Acquired | l, Disposed | of, or Bene | eficially Own | ed | |
| | | 2. Transaction Date (Month/Day/Year) | Execution Da any | n Date | , if Coo | Code (Instr. 8) | | (A) or Disposed of (D) | | | 5. Amount of Securities Beneficially Owned Following Reported Transaction(s) | | | Ownership of Form: | 7. Nature of Indirect Beneficial Ownership |
| | | | (Wolldi) E | 7ay/16 | | Code | V | Amou | nt (A) or | ` | instr. 3 and 4) | | | or Indirect (Instr. (I) (Instr. 4) | |
| tock | | 05/11/2022 | | | | A | | 1,227 (1) | A | \$ 0 21 | ,111 | | 1 | D | |
| | | | | | | cquire | displa | ys a c | currently | valid OME | 3 control i | | e ioiiii | | |
| Derivative Conversion Date | Date Execution Date, (Month/Day/Year) any | 4. 5. Code Seear) (Instr. 8) Acord (Instr. 8) | | 5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, | | 6. Date Exercisable and Expiration Date (Month/Day/Year) | | 7. Title and of Underly Securities | ring | | Derivative Securities Beneficially Owned Following Reported | Ownersh Form of Derivativ Security Direct (I or Indire | Ownershi (Instr. 4) | | |
| | | | Code | V | (A) | | | | | Title | Amount or Number of Shares | | (Instr. 4) | (Instr. 4) | |
| | 05/11/2022 | | A | | 13.293 | | (2 | 2) | <u>(2)</u> | Common Stock | 1 13.293 | \$ 0 | 129.826 | D | |
| | PPS FERR VILLE, TN urity 2. Conversion or Exercise Price of Derivative | Address of Reporting Person PONALD W (First) PPS FERRY ROAD, BUI (Street) VILLE, TN 37745 (State) urity 2. Conversion or Exercise Price of Derivative 3. Transaction Date (Month/Day/Year | Address of Reporting Person DNALD W (First) (Middle) PPS FERRY ROAD, BUILDING N (Street) (Zip) Urity 2. Transaction Date (Month/Day/Year) Stock 05/11/2022 Proof on a separate line for each class of securities by the content of the content | Address of Reporting Person 2. Issuer FORWA (First) (Middle) (D5/11/20 PPS FERRY ROAD, BUILDING N (Street) 4. If Amen VILLE, TN 37745 (Zip) urity 2. Transaction Date (Month/Day/Year) (Month/E) Stock 05/11/2022 Table II - Derivative (e.g., puts, any (Month/Day/Year) (Code Privative Security) 2. Transaction Date (A. Deemed Execution Date (Month/Day/Year) (A. Deemed Execution Date (A. Deemed Execution | Address of Reporting Person* ONALD W (First) (Middle) PPS FERRY ROAD, BUILDING N (Street) (Street) (State) (Zip) (With Address of Reporting Person* (Street) (Street) (Street) (Street) 2. Transaction Date (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) 2. Transaction Date (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) 3. 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A Deemed Execution Date, if (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) 2. Transaction (Month/Day/Year) Table I - Non-Derivative Securities Acquired, A or Disposed of One this form are not or displays a currently Table II - Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5) (Month/Day/Year) A 2. Transaction (Month/Day/Year) Table II - Derivative Securities Acquired, Disposed of, or Bene (e.g., puts, calls, warrants, options, convertible security A 2. Transaction (Month/Day/Year) A 3. Transaction (A) or Disposed of, or Bene (e.g., puts, calls, warrants, options, convertible security A 3. Transaction (A) or Disposed of, or Bene (e.g., puts, calls, warrants, options, convertible security A 3. Number (b) Or Disposed of (D) (Instr. 3, 4, and 5) Date (Month/Day/Year) Date Exercisable (Month/Day/Year) Date Exercisable Expiration Date (Exercisable Exercisable Exercisable Exercisable Exercisable Date (Instr. 3, 4, and 5) | Address of Reporting Person* 2. Issuer Name and Ticker or Trading Symbol FORWARD AIR CORP [FWRD] x x x x x x x x x | Address of Reporting Person* ONALD W (First) (Middle) (Street) (Street) (Stare) (Zip) (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (A) (Street) (Stare) (Zip) (Zip) (Month/Day/Year) (Month/Da | Address of Reporting Person* ONALD W (First) (Middle) (Stree) (Street) (Street) (Street) (All FAmendment, Date Original Filed(Month/Day/Year) (Street) (Street) (All FAmendment, Date Original Filed(Month/Day/Year) (All FAMENDMENT And Date Original Filed(Month/ | Address of Reporting Person DNALD W 2. Issuer Name and Ticker or Trading Symbol FORWARD AIR CORP [FWRD] 3. Date of Earliest Transaction (Month/Day/Year) 6. Individual or Joint/Group FilingCheck X, Form filed by More than One Reporting Person TILLE, TN 37745 (State) 7. Table I - Non-Derivative Securities Acquired, Disposed of (D) (Instr. 3, 4 and 5) Forwards Security 8. 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Issuer Name and Ticker or Trading Symbol FORWARD AIR CORP [FWRD] 3. Date of Earliest Transaction (Month/Day/Year) (O5/11/2022 4. If Amendment, Date Original Filed/Month/Day/Year) 5. Relationship of Reporting Person(6) to Issuer (Check all applicable) (Check all applicable) (Other (specify below O5/11/2022 4. If Amendment, Date Original Filed/Month/Day/Year) 6. Individual or Joint/Group FilingCheck Applicable Ling From filed by More than One Reporting Person Form filed filed form filed filed Form filed by More than One Reported Form filed by More than One Reported Form filed filed for Department of Code (A) or Disposed of (D) (Instr. 3 and 4) (Instr. 3 and 4) (Instr. 4) (Ins |

| | Relationships | | | | | |
|---|---------------|--------------|---------|-------|--|--|
| Reporting Owner Name / Address | Director | 10% Owner | Officer | Other | | |
| ALLEN RONALD W 1915 SNAPPS FERRY ROAD BUILDING N GREENEVILLE, TN 37745 | X | | | | | |

Signatures

| /s/ Michael L. Hance, Attorney-in-Fact | 05/13/2022 |
|--|------------|
| **Signature of Reporting Person | Date |

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

- Represents restricted stock units awarded under the Forward Air Corporation Non-Employee Director Plan in a transaction exempt from Section 16(b) under Rule 16b-3. Each restricted stock unit represents a contingent right to receive one share of Common Stock. The restricted stock units fully vest on the earlier of (a) the day immediately prior to the first Annual

 (1) Meeting that occurs after the grant date or (b) the first anniversary of the grant date. Common Stock will not be issued to the reporting person until his service to the Issuer as a director terminates, and then only to the extent that the foregoing vesting requirements have been met.
- (2) The dividend equivalent rights accrued on restricted stock units previously granted under the Forward Air Corporation Non-Employee Director Plans and are fully vested. Each dividend equivalent right is the economic equivalent of one share of Forward Air Corporation common stock.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.