UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APP	ROVAL				
DMB Number:	3235-0287				
Estimated average burden					
ours per respon	se 0.5				

longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

pe Response	75)													
1. Name and Address of Reporting Person * MUNDY RAY A			2. Issuer Name and Ticker or Trading Symbol FORWARD AIR CORP [FWRD]					4	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
	(First) AD	(Middle)			Transac	ion (M	Ionth/Day	y/Year)						elow)
(Street) GREENEVILLE, TN 37745			4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) X_ Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City) (State) (Zip)			Table I - Non-Derivative Securities Acqu					Acquii	ired, Disposed of, or Beneficially Owned					
1.Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)	any		f Code (Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		of	ed 5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)		Following n(s)	Form: Direct (D)	7. Nature of Indirect Beneficial Ownership
					Code	V	Amour	(A) or (D)	Price				or Indirect (Instr. 4) (I) (Instr. 4)	
Stock		05/09/2014			A		1,989 (1)	A	\$ 0	44,444			D	
Report on a	separate line fo	or each class of secu	rities benefic	ially o	owned di	Pers	sons wh							EC 1474 (9-
						_the	form dis	splays a	curre:	ntly valid	d OMB cor			02)
1. Title of Derivative Security (Instr. 3) 2. Conversion or Exercise Price of Derivative Security		3A. Deemed Execution Da	te, if 4. Transa Code	4. Transaction Code ear) (Instr. 8)		er 6. I and (Me	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Ti Amo Undo Secu	ount of erlying irities		Derivative Securities Beneficially Owned Following Reported	Ownersh Form of Derivativ Security: Direct (D or Indirect	Ownership (Instr. 4) cct
						Dat	e ercisable	Expiration	1 Title	Amount or Number				
	PORT ROA EVILLE, T Conversion or Exercise Price of Derivative	Address of Reporting Per RAY A (First) PORT ROAD (Street) EVILLE, TN 37745 (State) Security 2. Conversion or Exercise Price of Derivative	Table II - E Conversion or Exercise Price of Derivative In Address of Reporting Person (Middle) (First) (Middle) (Street) (Middle) (Middle) (Zip) (Zip) 2. Transaction Date (Month/Day/Year) (Month/Day/Year) 3. Transaction Date (Month/Day/Year)	Address of Reporting Person 2. Issuer N FORWAR (Middle) 3. Date of E O5/09/201- (Street) 4. If Amend EVILLE, TN 37745 (Month/Day/Year) 2. Transaction Date (Month/Day/Year) Security 2. Transaction Date (Month/Day/Year) Table II - Derivative Sec., puts, call any (Month/Day/Year) Conversion or Exercise Price of Derivative Price of Derivative Price of Derivative Price (Instr.)	Table II - Derivative Security 2. Issuer Name a FORWARD Al Solution (Street) (Street) (Street) (State) (State) (Zip) Tall (Month/Day/Year) 2. Transaction Date (Month/Day/Year) (Month/Day/Year) Table II - Derivative Securities beneficially of Code (Instr. 8) Tansaction Date (Month/Day/Year) 2. Table II - Derivative Securities beneficially of Code (Instr. 8)	Address of Reporting Person 2. Issuer Name and Ticker FORWARD AIR CORE FORT ROAD 3. Date of Earliest Transact 05/09/2014 4. If Amendment, Date Original Portion of Eville, TN 37745 (Month/Day/Year) 2. Transaction Date (Month/Day/Year) 3. Transaction Date (Month/Day/Year) 2. Table II - Derivative Securities beneficially owned directly of the day of t	Address of Reporting Person * (RAY A	And Address of Reporting Person * In Ad	And Address of Reporting Person * RAY A 2. Issuer Name and Ticker or Trading Symbol FORWARD AIR CORP [FWRD] 3. Date of Earliest Transaction (Month/Day/Year) 6. Oscillate) (Street) 4. If Amendment, Date Original Filed(Month/Day/Year) (State) 2. Transaction Date Execution Date, if (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) 2. Transaction Date (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) 2. Transaction Date (Month/Day/Year) (Month/Day/Year) (A) or Disposed (A) or Disposed (Instr. 8) (Instr. 8) (Instr. 3, 4 and 5) (Instr. 3, 5 and 5) (Instr	And Address of Reporting Person 2 2. Issuer Name and Ticker or Trading Symbol FORWARD AIR CORP [FWRD] 3. Date of Earliest Transaction (Month/Day/Year) 05/09/2014 4. If Amendment, Date Original Filed(Month/Day/Year) EVILLE, TN 37745 2. Transaction Date (Month/Day/Year) 2. Transaction Date (A) or Disposed of, or Beneficial (A) or Disposed of, or Beneficial (A) or Disposed of, or Beneficial (A) or Disposed of,	Address of Reporting Person 2. Issuer Name and Ticker or Trading Symbol FORWARD AIR CORP [FWRD] 3. Date of Earliest Transaction (Month/Day/Year) O5/09/2014 4. If Amendment, Date Original Filed(Month/Day/Year) (State) 2. Transaction Date (Month/Day/Year) (State) 2. Transaction Date (Month/Day/Year) (Month/Day/Year) (A) or Disposed of (D) (Instr. 3, 4 and 5) (A) or Disposed of (D) (Price Conversion) Date (e.g., puts, calls, warrants, options, convertible securities) 2. Transaction Date (Month/Day/Year) (Month/Day/Year) 3. Transaction Date (Month/Day/Year) (Month/Day/Year) 3. Transaction Date (Month/Day/Year) (Month/Day/Year) 3. Transaction Date (Month/Day/Year) (Month/Day/Year)	2. Issuer Name and Ticker or Trading Symbol FORWARD AIR CORP [FWRD] 5. Relationship of Re (Ch	2. Issuer Name and Ticker or Trading Symbol FORWARD AIR CORP [FWRD] (Street) (Instr. 3, 4 and 5) (Instr. 3, 5, Number 6, Date Exercisable (Instr. 5) (Street) (Street) (Month/Day/Year) (Instr. 3, 3, 4, and 5) (Instr. 3, 3, 4, and 5) (Instr. 4) (Instr. 5) (Instr. 4) (Address of Reporting Person.* RAY A RAY A (First) (Middle) 3. Date of Earliest Transaction (Month/Day/Year) (Sitect) (Sitect) (Sitect) (Sitect) (Sitect) (Sitect) (Sitect) (Sitect) (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Socurity (Month/Day/Year) (Mont

Daniel Company	Relationships					
Reporting Owner Name / Address		10% Owner	Officer	Other		
MUNDY RAY A 430 AIRPORT ROAD GREENEVILLE, TN 37745	X					

Signatures

/s/ Michael P. McLean, Attorney-in-Fact	05/13/2014
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Represents restricted stock awarded under the Forward Air Corporation Amended and Restated Non-Employee Director Stock Plan in a transaction exempt from Section (1) 16(b) under Rule 16b-3. The stock fully vests on the earlier of (a) the day immediately prior to the first Annual Meeting that occurs after the grant date or (b) the first anniversary of the grant date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB nu	mber.