## FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPF	ROVAL
OMB Number:	3235-0287
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type	e Responses)														
1. Name and Address of Reporting Person * MUNDY RAY A  (Last) (First) (Middle)  430 AIRPORT ROAD  (Street)		2. Issuer Name and Ticker or Trading Symbol FORWARD AIR CORP [FWRD]					5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  _X_Director Officer (give title below)  6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person _Form filed by More than One Reporting Person								
		Date of Earliest Transaction (Month/Day/Year)     09/09/2010      If Amendment, Date Original Filed(Month/Day/Year)										v)			
												ine)			
GREENEVILLE, TN 37745  (City) (State) (Zip)			Table I - Non-Derivative Securities Acqu								es Acquire				
1.Title of Sec (Instr. 3)	curity	1	2. Transaction Date [Month/Day/Year]	2A. Deeme Execution I any (Month/Day	Date,	if Coc (Ins		(A)	ecurities Ac or Disposed tr. 3, 4 and 5	Be   Re   (In	eneficially	nsaction(s)	For D	orm: Brirect (D) Cr Indirect (I	. Nature f Indirect geneficial Ownership Instr. 4)
									o in this to plays a cui				ond unless t mber.	ne	
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Ye	3A. Deemed Execution Dat	Code	alls, v	5. Nur of Deriva Securi Acqui (A) or Dispo	nber ative ities red sed	form dispose ptions, conv 6. Date Exe and Expirat	ed of, or Ben vertible secu ercisable tion Date	rrently val	Owned of one of	8. Price of		10.	(Instr. 4)
Derivative Security	Conversion or Exercise Price of Derivative	Date	3A. Deemed Execution Date any	e, g., puts, ca 4. Transa Code	alls, v	5. Nur of Deriva Securi Acqui (A) or	mber ative ities red sed	form dispose ptions, converted. Date Executed and Expirate	ed of, or Ben vertible secu ercisable tion Date	neficially (urities)  7. Title an Amount of Underlying Securities	Owned of one of	8. Price of Derivative Security	9. Number of Derivative Securities Beneficially Owned Following	10. Ownershi Form of Derivative Security: Direct (D) or Indirec	of Indirect Beneficial Ownersh (Instr. 4)
Derivative Security	Conversion or Exercise Price of Derivative	Date	3A. Deemed Execution Date any	e, g., puts, ca 4. Transa Code	alls, v	5. Num of Deriva Securi Acqui (A) or Dispo of (D) (Instr. 4, and	mber ative ities red sed	form dispose ptions, converted. Date Executed and Expirate	ed of, or Bei	neficially (urities) 7. Title an Amount of Underlyin Securities (Instr. 3 and	Owned of one of	8. Price of Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s	10. Ownershi Form of Derivative Security: Direct (D' or Indirec	of Indirect Beneficial Ownersh (Instr. 4)

D ( O N /411	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
MUNDY RAY A 430 AIRPORT ROAD GREENEVILLE, TN 37745	X					

## **Signatures**

/s/ Michael P. McLean, Attorney-in-Fact	09/13/2010
**Signature of Reporting Person	Date

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- The dividend equivalent rights accrued on restricted stock units previously granted under the Forward Air Corporation Non-Employee Director Plans. The total dividend (1) equivalent rights reported are unvested and become exercisable proportionately with the restricted stock units to which they relate. Each dividend equivalent right is the economic equivalent of one share of Forward Air Corporation common stock.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.