## FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

#### OMB APPROVAL

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## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person = BONEBRAKE VALERIE A			2. Issuer Name and Ticker or Trading Symbol FORWARD AIR CORP [FWRD]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable) _X_Director 10% Owner					
1915 SNAI	(Last) (First) (Middle) 1915 SNAPPS FERRY ROAD, BUILDING N				3. Date of Earliest Transaction (Month/Day/Year) 09/09/2021						Officer (giv	e title below)	Oth	er (specify belov	v)
(Street) GREENEVILLE, TN 37745				4. If Amendment, Date Original Filed(Month/Day/Year)							6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person _Form filed by More than One Reporting Person uired, Disposed of, or Beneficially Owned				
(City) (State) (Zip)			Table I - Non-Derivative Securities Acqu						es Acquire						
1.Title of Sect (Instr. 3)					Date, if	(Instr. 8)		4. Securities Acquire (A) or Disposed of (Instr. 3, 4 and 5)		of (D) Ov	wned Follow ansaction(s)			Ownership of Form:	Beneficial
				(Month/Day	y/Year)	Cod	e V	Amount	(A) or (D)	Price	or:		or Indirect	1	
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							in this	form a	are not r	equired t		unless the		ieu sec i	474 (9-02)
Derivative	2. Conversion or Exercise Price of Derivative	3. Transaction Date (Month/Day/Year	3A. Deemed Execution Date,	Code	5. Nof I Sec Acc or I	Number Derivati curities quired ( Dispose	in this displa	form a ys a cu osed of onvertil Exercis	are not r urrently f, or Bend ble secur sable Date	equired to valid OM eficially Orities)	to respond IB control r Dwned nd Amount lying s	unless the	9. Number of Derivative Securities Beneficially Owned	of 10. Ownersh Form of Derivativ Security:	11. Natu of Indire Benefici Ownersh (Instr. 4)
Security	Conversion or Exercise Price of	Date	3A. Deemed Execution Date, any	(e.g., puts, c.) 4. if Transacti	5. Nof I Sec Accor I of (	Number Derivati curities quired (Dispose D) str. 3, 4,	in this displa	form a ys a cu cosed of onvertil Exercise	are not r urrently f, or Bend ble secur sable Date	required to valid OM eficially Orities)  7. Title and of Underly Securities	to respond IB control r Dwned nd Amount lying s	8. Price of Derivative Security	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction	of 10. Ownersh Form of Derivativ Security: Direct (I or Indirec (s) (I)	11. Natu of Indire Benefici Ownersh (Instr. 4)
Derivative Security	Conversion or Exercise Price of Derivative	Date	3A. Deemed Execution Date, any	(e.g., puts, c. 4.  4. Transacti Code ar) (Instr. 8)	5. No of I Sec Accor I of (Ins	Number Derivati curities quired (Dispose D) str. 3, 4,	in this displa	form a ys a cu posed of onvertil Exercis piration /Day/Ye	f, or Bendels secures able Date ear)	required to valid OM efficially Orities) 7. Title an of Underlosecurities ((Instr. 3 a)	to respond IB control r Dwned nd Amount lying s	8. Price of Derivative Security	9. Number of Derivative Securities Beneficially Owned Following Reported	of 10. Ownersh Form of Derivativ Security: Direct (I or Indire	11. Natu of Indire Benefici Ownersh (Instr. 4)

	Relationships				
Reporting Owner Name / Address	Director	10% Owner	Officer	Other	
BONEBRAKE VALERIE A 1915 SNAPPS FERRY ROAD BUILDING N GREENEVILLE, TN 37745	X				

#### **Signatures**

/s/ Michael L. Hance, Attorney-in-Fact	09/20/2021
**Signature of Reporting Person	Date

### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- The dividend equivalent rights accrued on restricted stock units previously granted under the Forward Air Corporation Non-Employee Director Plans and are fully vested. Each dividend equivalent right is the economic equivalent of one share of Forward Air Corporation common stock.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.