FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)														
Name and Address of Reporting Person * Morris Michael Joseph				2. Issuer Name and Ticker or Trading Symbol FORWARD AIR CORP [FWRD]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner					
(Last) (First) (Middle) 1915 SNAPPS FERRY ROAD, BUILDING N				3. Date of Earliest Transaction (Month/Day/Year) 02/02/2021							X Officer (give title below) Other (specify below) CFO and Treasurer					
(Street)				4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person						
GREENEVILLE, TN 37745 (City) (State) (Zip)				Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned												
(Instr. 3) Da		. Transaction Date Month/Day/Year)	2A. Deemed Execution Date, if		3. Transaction Code (Instr. 8)		ction 4. (A	T		uired of			es following (s)	6. Ownership Form: Direct (D)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
						Co	ode	-	nount		Price				(Instr. 4)	
Common	Stock	C	02/02/2021			A	4	4, (1)	997	A	\$ 0	27,686			D	
				Derivative S			quire	d, Dispo	sed of	f, or Ben	eficial	lly Owned		trol numbe	r.	
Security	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Yea	3A. Deemed Execution Date	4. Transaction Code (Instr. 8)		5.		6. Date and Exp and Exp (Month/	te Exercisable xpiration Date th/Day/Year) Expiration isable Date		7. Ti Amo Undo Secu (Inst 4)	Citle and ount of derlying urities tr. 3 and Amount or e Number	Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownersh Form of Derivativ Security: Direct (Dor Indirect	Ownershi (Instr. 4)
								P	1.1. IT	\- 4 -	1111	Trainioci				

Reporting Owners

	Relationships							
Reporting Owner Name / Address	Director	10% Owner	Officer	Other				
Morris Michael Joseph 1915 SNAPPS FERRY ROAD BUILDING N GREENEVILLE, TN 37745			CFO and Treasurer					

Signatures

/s/ Michael L. Hance, Attorney-in-Fact	02/04/2021
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Award of time-vesting restricted stock under the Forward Air Corporation 2016 Omnibus Incentive Compensation Plan in a transaction exempt from Section 16(b)under Rule 16b-3. The stock vests equally in one-third increments over three years commencing 2/2/22 and fully vesting on 2/2/24.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.