## FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)											1				
1. Name and Address of Reporting Person* RUBLE CHRIS C				2. Issuer Name and Ticker or Trading Symbol FORWARD AIR CORP [FWRD]							mbol	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner					
(Last) (First) (Middle) 1915 SNAPPS FERRY ROAD, BUILDING N				3. Date of Earliest Transaction (Month/Day/Year) 02/02/2021							y/Year)	X Officer (give title below) Other (specify below)  Chief Operating Officer					
(Street) GREENEVILLE, TN 37745				4. If Amendment, Date Original Filed(Month/Day/Year)							h/Day/Year)	6. Individual or Joint/Group Filing(Check Applicable Line)  _X_Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City) (State) (Zip)				Table I - Non-Derivative Securities Acqu							Securities	uired, Disposed of, or Beneficially Owned					
(Instr. 3) Date		2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year			Code (Instr. 8)		ction	4. Securities Acquir (A) or Disposed of (D) (Instr. 3, 4 and 5)		of	Beneficial	of Securities ly Owned Following Fransaction(s) dd 4)		\ /	Beneficial Ownership	
						Co	ode	V	Amour	(A) or (D)	Price				or Indirect (I) (Instr. 4)	(Instr. 4)	
Common Stock		02/02/2021				1	A		4,164 (1)	A	\$ 0	33,581.7	7739 (2)		D		
Common Stock												29			I	By Son	
								quire	conta the f	ained i orm dis	n this fo splays a of, or Ber	rm ar curre reficia	e not requently valid	OMB con	spond unle trol numbe	ss	1474 (9-02)
1 77:41	I <sub>a</sub>	2.77						ts, opt			tible secu			lo D : _ c	0.31 1	C 10	11.37.
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Ye	Execution Da any			tion )	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		Am Und Sec	Fitle and count of derlying surities str. 3 and	Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	Owners Form of Derivati Security Direct ( or Indire	Ownershi (Instr. 4)	
				Code	V	(A)	(D)	Date Exer	cisable	Expiratio Date	n Titl	Amount or Number of Shares					

#### **Reporting Owners**

	Relationships								
Reporting Owner Name / Address	Director	10% Owner	Officer	Other					
RUBLE CHRIS C 1915 SNAPPS FERRY ROAD BUILDING N GREENEVILLE, TN 37745			Chief Operating Officer						

### **Signatures**

/s/ Michael L. Hance, Attorney-in-Fact	02/04/2021
**Signature of Reporting Person	Date

#### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Award of time-vesting restricted stock under the Forward Air Corporation 2016 Omnibus Incentive Compensation Plan in a transaction exempt from Section 16(b)under Rule 16b-3. The stock vests equally in one-third increments over three years commencing 2/2/22 and fully vesting on 2/2/24.
- (2) Includes 59.8194 shares acquired under the Issuer's employee stock purchase plan in June and December 2020.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.