## UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)													
Name and Address of Reporting Person * Bottomley Christina				2. Issuer Name and Ticker or Trading Symbol FORWARD AIR CORP [FWRD]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  Director X Officer (give title below) Other (specify below)  CAO, VP & Controller				
(Last) (First) (Middle) 1915 SNAPPS FERRY ROAD, BUILDING N				3. Date of Earliest Transaction (Month/Day/Year) 08/01/2020											
(Street)				4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line)  _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person					
GREENI	EVILLE, T	N 37745									Form the	ed by More than	Tolle Reporting	reison	
(City	)	(State)	(Zip)	Ta	ble I	- Non-	-Derivat	ive S	ecurities	Acqu	ired, Disp	osed of, or l	Beneficially	Owned	
1.Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Year)		Code (Instr. 8)		(A)	4. Securities Acquire (A) or Disposed of (Instr. 3, 4 and 5)		of (D)	D) Beneficially Owned Follo Reported Transaction(s)		ollowing	6. Ownership Form:	Beneficial
				(Month/Day/Year)		ode	V An	nount	(A) or (D)	Price	(Instr. 3 a	Instr. 3 and 4)			Ownership (Instr. 4)
Common	Stock		08/01/2020		F	(1)	81		D	\$ 0	3,032.92	279		D	
				Derivative Securiti		quire	d, Dispos	ed of	f, or Ben	eficial	-		trol numbe	r.	
Security	2. Conversion or Exercise Price of Derivative Security		3A. Deemed Execution Dat any	Year) (Instr. 8)	5.		6. Date E and Expi	Exercisable Exercisable Day/Year)  Expiration		7. T Am Und Sect (Ins 4)	Amount or a Number	Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)	Owners: Form of Derivati Security Direct (1) or Indire	Beneficia Ownersh (Instr. 4)
				Code V	(A)	(D)	Exercisa		Date	Title	Number of Shares				
Repor	ting O	wners													

	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
Bottomley Christina 1915 SNAPPS FERRY ROAD BUILDING N GREENEVILLE, TN 37745			CAO, VP & Controller				

## **Signatures**

/s/ Michael L. Hance, Attorney-in-Fact	09/11/2020
**Signature of Reporting Person	Date

# **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a)
- (1) Stock withheld by Issuer to satisfy minimum tax withholding obligation on award of stock.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.