UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL OMB Number: 3235-0287 Estimated average burden hours per response... 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* SCHMITT THOMAS			2. Issuer Name and Ticker or Trading Symbol FORWARD AIR CORP [FWRD]					5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X_ Director				
(Last) (First) (Middle) 1915 SNAPPS FERRY ROAD, BUILDING N		3. Date of Earliest Transaction (Month/Day/Year) 09/01/2020										
(Street) GREENEVILLE, TN 37745			4. If Amendment, Date Original Filed(Month/Day/Year)				-					le Line)
(City)	(State)	(Zip)	Ta	ble I - No	n-Derivative	Securities	Acqui	red, Dispe	osed of, or l	Beneficially (Owned	
1.Title of Security (Instr. 3)	Da	Transaction te conth/Day/Year)	2A. Deemed Execution Date, it	3. Transa Code (Instr. 8)	4. Sec (A) or	4. Securities Acquire		ed 5. Amount of Securities D) Beneficially Owned Foll Reported Transaction(s)		es Following (s)	6. Ownership Form:	Beneficial
			(Month/Day/Year)	Code	V Amou	(A) or (D)	Price	(Instr. 3 a	Instr. 3 and 4)			Ownership (Instr. 4)
Common Stock	09	/01/2020		F(1)	2,508	3 D	\$ 0	28,037			D	
			·			ho respor in this for	m are	not requ	ired to res	spond unle	ss	1474 (9-02)
			Derivative Securitie	es Acquir	Persons w contained the form d ed, Disposed	ho respor in this for isplays a o	m are curren	not requally valid	ired to res	spond unle	ss	1474 (9-02)
1. Title of Derivative Security (Instr. 3) 2. Conversion or Exercise Price of Derivative Security	*****	3A. Deemed Execution Data	e.g., puts, calls, wa 4. Transaction Code (ear) (Instr. 8)	es Acquir rrants, op	Persons w contained the form d ed, Disposed tions, conve 6. Date Exe and Expirat (Month/Day	of, or Bendertible securitisable	eficiallities) 7. Ti Amo Unde	not requally valid	No of the second	spond unle	of 10. Ownersl Form of Derivati Security Direct (I or Indire	11. Nat of Indir Benefic Owners: (Instr. 2

	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
SCHMITT THOMAS 1915 SNAPPS FERRY ROAD BUILDING N GREENEVILLE, TN 37745	X		President & CEO			

Signatures

/s/ Michael L. Hance, Attorney-in-Fact	09/11/2020
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a)
- (1) Stock withheld by Issuer to satisfy minimum tax withholding obligation on award of stock.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.