

(Print or Type Responses)

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL				
OMB Number:	3235-0104			
Estimated average burden				
hours per respons	se 0.5			

## INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

SCHARA SCOTT E	Statemen	Statement (Month/Day/Year)  — 08/31/2020			FORWARD AIR CORP [FWRD]			
(Last) (First) (Middle) 1915 SNAPPS FERRY ROAD, BUILDING N	08/31/2			4. Relationship of Issuer (Check	Reporting Person all applicable)	Filed(Mon	5. If Amendment, Date Original Filed(Month/Day/Year)	
(Street) GREENEVILLE, TN 37745				below)	X Officer (give title Other (specify		6. Individual or Joint/Group Filing(Check Applicable Line) X_Form filed by One Reporting PersonForm filed by More than One Reporting Person	
(City) (State) (Zip)			Tab	le I - Non-Derivat	ive Securities	Beneficially O	wned	
1.Title of Security (Instr. 4)		Ве	Amount on the strict of the st	Owned		4. Nature of Indire (Instr. 5)	ect Beneficial Ownership	
unless the form of	pond to the c lisplays a cur	ollection o	of inform d OMB o	ation contained in t		·		
1. Title of Derivative Security (Instr. 4)	2. Date Exer and Expiration (Month/Day/Year	cisable on Date	3. Title a	nd Amount of s Underlying Derivativ	4. Conversion	5. Ownership	6. Nature of Indirect Beneficial Ownership (Instr. 5)	
	Date Exercisable	Expiration Date	l Title l' '''	nount or Number of ares	Security	(D) or Indirect (I) (Instr. 5)		
Reporting Owners								

	Relationships			
Reporting Owner Name / Address	Director	10% Owner	Officer	Other
SCHARA SCOTT E 1915 SNAPPS FERRY ROAD BUILDING N GREENEVILLE, TN 37745			Chief Commercial Officer	

# **Signatures**

/s/ Michael L. Hance, Attorney-in-Fact	09/02/2020
**Signature of Reporting Person	Date

## **Explanation of Responses:**

## No securities are beneficially owned

- If the form is filed by more than one reporting person, see Instruction 5(b)(v).
- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C.

78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, See Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

#### **Power of Attorney**

Know all by these presents, that the undersigned (the "Reporting Person") hereby constitutes and appoints Michael J. Morris, Michael L. Hance, and Shellie L. Hammock, and each of them, as the Reporting Person's true and lawful Attorneys-in-Fact to:

- (1) execute for and on behalf of the Reporting Person, in the Reporting Person's capacity as an officer or director of Forward Air Corporation (the "Company"), Forms 3, 4 and 5 in accordance with Section 16(a) of the Securities Exchange Act of 1934, as amended, and the rules thereunder;
- do and perform and all acts for and on behalf of the Reporting Person which may be necessary or desirable to complete and execute any such Form 3, 4 or 5 and timely file such form with the United States Securities and Exchange Commission and any stock exchange or similar authority; and
- take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such Attorney-in-Fact, may be of benefit to, and in the best interest of, or legally required by, the Reporting Person.

The Reporting Person hereby grants to each such Attorney-in-Fact full power and authority to do and perform any and every act and thing whatsoever requisite, necessary, or proper to be done in the exercise of any of the rights and powers herein granted, as fully to all intents and purposes as the Reporting Person might or could do if personally present, with full power of substitution or revocation, hereby ratifying and confirming all that such Attorney-in-Fact, or such Attorney-in-Fact's substitute or substitutes, shall lawfully do or cause to be done by the virtue of this Power of Attorney and the rights and powers herein granted. The Reporting Person acknowledges that the foregoing Attorneys-in-Fact, in serving in such capacity at the request of the Reporting Person, are not assuming, nor is the Company assuming, any of the Reporting Person's responsibilities to comply with Section 16 of the Securities Exchange Act of 1934, as amended.

This Power of Attorney shall remain in full force and effect until the Reporting Person is no longer required to file Forms 3, 4 and 5 with respect to the Reporting Person's holdings of and transactions in securities issued by the Company, unless earlier revoked by the Reporting Person in a signed writing delivered to the foregoing Attorneys-in-Fact.

IN WITNESS WHEREOF, the Reporting Person has caused this Power of Attorney to be executed as of this 31st day of August, 2020.

/s/ Scott E. Schara
SCOTT E. SCHARA