FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL						
OMB Number:	3235-028	7				
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nours per response	e 0.	5				

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	es)														
1. Name and Address of Reporting Person * Hance Michael L				1	2. Issuer Name and Ticker or Trading Symbol FORWARD AIR CORP [FWRD]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner					
(Last) (First) (Middle) 1915 SNAPPS FERRY ROAD, BUILDING N					3. Date of Earliest Transaction (Month/Day/Year) 02/05/2019						X Officer (give title below) Other (specify below) Senior VP, CLO and Secretary					
(Street)				4	4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person _Form filed by More than One Reporting Person					
GREENE	EVILLE, T	N 37745										rom me	ed by More than	One Reporting	Person	
(City	7)	(State)	(2	Zip)		Tal	ole I - Non	-Deri	vative S	ecurities	Acqu	ired, Disp	osed of, or	Beneficially	Owned	
(Instr. 3)		2. Transa Date (Month/)	Day/Year)	2A. Deemed Execution Date, if) any (Month/Day/Year)		Code (A) o (D)		(A) or (D)	curities Acquired r Disposed of . 3, 4 and 5)		d 5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)			Ownership Form: Direct (D)	Beneficial Ownership	
						Code	Code V		mount (A) or (D)						(Instr. 4)	
Common	Stock		02/05/2	2019			F(1)		279	D	\$ 0	28,970.0	0953		D	
Common	mmon Stock 02/06/2019			2019			F(1)		212	D	\$ 0	28,758.0)953		D	
1. Title of Derivative Security (Instr. 3) 1. Title of Conversion Data (Mo Price of Derivative Security			n 3A Exc	. Deemed ecution Date	g., puts 4. e, if Tr	ansaction	s Acquired, Disposed rants, options, conver 5. Number 6. Date Exer and Expirati (Month/Day Securities Acquired (A) or Disposed of (D)			rcisable 7. ion Date Ar iv/Year) Ur Se				Securities Beneficially Owned Following Reported Transaction	Ownersh Form of Derivati Security Direct (I or Indirect)	Owners (Instr. 4)
					0	Code V	(Instr. 3, 4, and 5) (A) (D)		e rcisable	Expiratio Date	on Titl	Amount or e Number of Shares		(Instr. 4)	(Instr. 4	,
Repor	ting O	wners														
Reporting Owner Name / Address				Relationships												
Keporting	Winer Nai	me / Address	Director	10% Own	oner Officer					Other						
Hance M 1915 SNA BUILDIN	APPS FER	RY ROAD			Se	nior VP,	CLO and	d Sec	retary							

Signatures

GREENEVILLE, TN 37745

/s/ Michael L. Hance	02/07/2019
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Restricted stock withheld by Issuer to satisfy minimum tax withholding obligation on vesting of restricted stock.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

