FORM 4	4
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Check this box if no
longer subject to
Section 16. Form 4 or
Form 5 obligations
may continue. See
Instruction 1(b).

(Derivet on True

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Respons	es)											
1. Name and Address of JEWELL MATTH	1 0	2. Issuer Name an FORWARD AIR			•••	01	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner					
1915 SNAPPS FEF	(First) RRY ROAD, BU	TIDDICNI	3. Date of Earliest Transaction (Month/Day/Year) 02/06/2017						X_Officer (give title below) Other (specify below) President - Logistics Services			
GREENEVILLE, T	(Street) N 37745	4. If Amendment, D	ate Original	File	d(Month/Day	/Year)	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned									
1.Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	(Instr. 8)		(A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	Ownership	Beneficial	
			(Monui/Day/Tear)	Code	v					or Indirect (I) (Instr. 4)		
Common Stock 02/06/2017		02/06/2017		А		2,300 (1)	А	\$ 0	36,616.6874 ⁽²⁾	D		
Common Stock 02/06/2017				F <mark>(3)</mark>		282	D	\$ 0	36,334.6874	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474 (9-02)

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

(e.g., puts, calls, warrants, options, convertible securities)															
1. Title of	2.	3. Transaction	3A. Deemed	4.		5. Num	nber	6. Date Exer	rcisable and	7. Title and	Amount	8. Price of	9. Number of	10.	11. Nature
Derivative	Conversion	Date	Execution Date, if	Transact	ion	of		Expiration I	Date	of Underly	ing	Derivative	Derivative	Ownership	of Indirect
Security	or Exercise	(Month/Day/Year)	any	Code		Derivat	tive	(Month/Day	/Year)	Securities		Security	Securities	Form of	Beneficial
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8))	Securit	Securities		(Instr. 3 and 4) (Inst		(Instr. 5)	Beneficially	Derivative	Ownership	
	Derivative					Acquir	ed						Security:	(Instr. 4)	
	Security					(A) or					0	Direct (D)			
						Dispos	ed				1	or Indirect			
						of (D)							Transaction(s)	2.2	
						(Instr. 3	3, 4,						(Instr. 4)	(Instr. 4)	
						and 5)									
											Amount				
									Expiration	Title	or				
				~ .				Exercisable	Date		Number				
				Code	V	(A)	(D)				of Shares				
Stock															
Option	• • • • • • • •	00/06/2015				0 000			001001000	Common Stock		\$ 0	0.000	P	
(Right to	\$ 47.82	02/06/2017		A		9,098		<u>(4)</u>	02/06/2024	Stock	9,098.00	\$ 0	9,098	D	
Buy)										Stoon					
Duy)															

Reporting Owners

Reporting Owner Name / Address	Relationships								
Reporting Owner Name / Address	Director	10% Owner	Officer	Other					
JEWELL MATTHEW J 1915 SNAPPS FERRY ROAD BUILDING N GREENEVILLE, TN 37745			President - Logistics Services						

Signatures

/s/ Michael P. McLean, Attorney-in-Fact	02/08/2017
**Signature of Reporting Person	Date

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) Award of time-vesting restricted stock under the Forward Air Corporation 2016 Omnibus Incentive Compensation Plan in a transaction exempt from Section 16(b)under Rule 16b-3. The stock vests equally in one-third increments over three years commencing 2/6/18 and fully vesting on 2/6/20.

(2) Includes 6.587 shares acquired under the Issuer's employee stock purchase plan in June and December 2016.

(3) Restricted stock withheld by Issuer to satisfy minimum tax withholding obligation on vesting of restricted stock.

(4) This option vests 33-1/3% each year over a three year period commencing on 2/6/18.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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