UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPRO	OVAL
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Estimated average	burden
hours per response	0.5

longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Print or Typ	e Response	es)												
1. Name and Address of Reporting Person * ALLEN RONALD W			2. Issuer Name and Ticker or Trading Symbol FORWARD AIR CORP [FWRD]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner					
(Last) (First) (Middle) 430 AIRPORT ROAD			3. Date of Earliest Transaction (Month/Day/Year) 05/13/2015				-		(give title belo		Other (specify b	elow)		
(Street) GREENEVILLE, TN 37745			4. If Amendment, Date Original Filed(Month/Day/Year)				-	6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person						
(City)	VILLE, I	(State)	(Zip)	Tal						ired, Disposed of, or Beneficially Owned				
1.Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Code (Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		of	Peed 5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)		Following (s)	Form: Direct (D)	7. Nature of Indirect Beneficial Ownership
					Code	V	Amoun	(A) or (D)	Price				or Indirect (I) (Instr. 4)	(Instr. 4)
Common S	Stock		05/13/2015		A		1,640 (1)	A	\$ 0	8,470			D	
indirectly.				erivative Securiti	es Acquire	conta the fo	ained ir orm dis sposed o	this for plays a of	m are curre eficial	e not req ntly valid	uired to re d OMB cor	oformation espond unl ntrol numb	ess	EC 1474 (9- 02)
(Instr. 3)	Conversion	3. Transaction Date (Month/Day/Y	3A. Deemed Execution Da Year) any		5. Number	6. Da and I (Mor	ate Exerc Expiration hth/Day/	cisable on Date Year) Expiration	7. Ti Amo Und Secu (Inst 4)	Amount or Number of Shares		9. Number of Derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownersl Form of Derivati Security Direct (I or Indire	ve Ownership : (Instr. 4) O)
Report	ting O	wners												

Day () All	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
ALLEN RONALD W 430 AIRPORT ROAD GREENEVILLE, TN 37745	X					

Signatures

/s/ Michael P. McLean, Attorney-in-Fact	05/15/2015
Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Represents restricted stock awarded under the Forward Air Corporation Amended and Restated Non-Employee Director Stock Plan in a transaction exempt from Section (1) 16(b) under Rule 16b-3. The stock fully vests on the earlier of (a) the day immediately prior to the first Annual Meeting that occurs after the grant date or (b) the first anniversary of the grant date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB nu	mber.