FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

| OMB APPROVAL | | | | | | | |
|--------------------------|-----------|--|--|--|--|--|--|
| DMB Number: | 3235-0287 | | | | | | |
| Estimated average burden | | | | | | | |
| ours per respon | se 0.5 | | | | | | |

longer subject to
Section 16. Form 4 or
Form 5 obligations
may continue. See
Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| (Print or Ty | pe Response | es) | | | | | | | | | | | | | | | | | |
|---|-------------------------|--------------------------------------|---------------------|---|---|-----------------|------|--------------|----------------------|---|----------------------|---|--|--|-------------|--|--|--|--|
| 1. Name and Address of Reporting Person * BELL RODNEY L | | | | 2. Issuer Name and Ticker or Trading Symbol FORWARD AIR CORP [FWRD] | | | | | | | | | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner | | | | | | |
| (Last) (First) (Middle) 430 AIRPORT ROAD | | | | | 3. Date of Earliest Transaction (Month/Day/Year) 03/04/2015 | | | | | | | | | X Officer (give title below) Other (specify below) CFO, SVP & Treasurer | | | | | |
| (Street) GREENEVILLE, TN 37745 | | | | | 4. If Amendment, Date Original Filed(Month/Day/Year) | | | | | | | | | 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person | | | | | |
| | | | | | | | | | | | | | | | | | | | |
| (City |) | (State) | (2 | Zip) | | | Tak | ble I - N | on-De | eriva | ative So | ecurities | Acqu | ired, Disp | osed of, or | Beneficially | Owned | | |
| 1.Title of Security (Instr. 3) | | 2. Trans Date (Month/ | action Day/Year) | 2A. Deemed Execution Date, if any (Month/Day/Year | | Code (Instr. 8) | | (A) o (D) | | ecurities Acquired or Disposed of tr. 3, 4 and 5) | | d 5. Amount of Securities Beneficially Owned Folk Reported Transaction(s) (Instr. 3 and 4) | | Following | Direct (D) | 7. Nature of Indirect Beneficial Ownership (Instr. 4) | | | |
| | | | | | | | | Cod | e ' | V . | Amoun | (A) or (D) | Price | | | | or Indirect (I) (Instr. 4) | (Instr. 4) | |
| Common | Stock | | 03/04/2 | 2015 | | | | A | | | 2,459 (<u>1)</u> | A | \$ 0 | 80,411.7 | 7158 | | D | | |
| Common | Common Stock 03/04/2015 | | | 2015 | | | | F(2) |) | (| 673 | D | \$ 0 | 79,738.7 | 7158 | | D | | |
| | | | Т | Table II - D | | ative Seco | | - | the | e fo Disj | rm dis | plays a | curre | ently valid | d OMB co | espond un ntrol numb | | 02) | |
| 1. Title of Derivative Security (Instr. 3) | Conversion | 3. Transactic Date (Month/Day. | Year) Ex | 3A. Deemed Execution Day (Month/Day/ | | Code | tion | of | ar ive (Mes ed | f 6. Date Ex and Expira (Month/Da | | ration Date | | Fitle and sount of derlying urities str. 3 and | | 9. Number Derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4) | Ownersh Form of Derivati Security Direct (I or Indire | Beneficial Ownershi (Instr. 4) D) ect | |
| | | | | | | Code | V | (A) (I | | ate xerc | isable | Expiratio Date | on Titl | Amount or e Number of Shares | | | | | |
| Repor | ting O | wners | | | | | | | | | | | | | | | | | |
| | | | | Relationships | | | | | | | | | | | | | | | |
| Reporting Owner Name / Address | | Director | 10% Owi | vner Officer | | | | | C | Other | | | | | | | | | |
| BELL RODNEY L 430 AIRPORT ROAD | | | | | | CFO, S | VP . | & Trea | surer | | | | | | | | | | |

Signatures

GREENEVILLE, TN 37745

| /s/ Michael P. McLean, Attorney-in-Fact | 03/18/2015 | | |
|---|------------|--|--|
| **Signature of Reporting Person | Date | | |

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
 - Shares awarded in conjunction with a Performance Share Agreement issued on 2/7/12 under the Forward Air Corporation Amended and Restated Stock Option and
- (1) Incentive Plan. In accordance with the Performance Share Agreement, the number of shares awarded was determined based on the three year performance of Forward Air Corporation common stock as compared to the share price performance of a selected peer group.
- (2) Stock withheld by Issuer to satisfy minimum tax withholding obligation on award of stock.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.