FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL					
OMB Number:	3235-0287				
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person * 2. Issuer Name and Ticker or Trading Symbol FORWARD AIR CORP [FWRD]		ymbol	4	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				r				
First)	(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 05/13/2008			Officer (give title below) Other (specify below)							
(treet)		4. If Amendment, Date Original Filed(Month/Day/Year)			6. Individual or Joint/Group Filing(Check Applicable Line) X_Form filed by One Reporting Person Form filed by More than One Reporting Person							
State)	(Zip)	Tai	ble I - No	n-Deri	vative S	Securities A	Acquii	red, Dispo	osed of, or l	Beneficially	Owned	
Date		any	3. Transaction Code (Instr. 8)		(A) or (D)	Securities Acquired 5. Amount of Securities Beneficially Owned Follow Reported Transaction(s)		aired 5. Amount of Securities Beneficially Owned Followin Reported Transaction(s)		6. Amount of Securities Beneficially Owned Following Reported Transaction(s) 6. Ownership Form: Be:		7. Nature of Indirect Beneficial Ownership
			Code	V	Amour	(A) or (D)	Price			(I)	(Instr. 4)	
05/1	3/2008		A		2,306 (1)	A	\$ 0	4,684			D	
	Table II - D	erivative Securiti	es Acqui	Personn cont the t	sons whatined if	n this for splays a o	m are curre eficial	not req	uired to re	spond unle	ess	CC 1474 (9- 02)
te onth/Day/Year)	3A. Deemed Execution Data	4. Transaction Code	5. Numb of Derivative Securitie Acquired (A) or Disposed of (D) (Instr. 3,	er 6. E and (Mo	r 6. Date Exercisable and Expiration Date (Month/Day/Year) 7.		7. Ti Amo Undo Secu (Inst	Title and mount of inderlying scurities astr. 3 and mount of mount of inderlying scurities astr. 3 and mount of inderlying security (Instr. 5) and Followin Reported Transact		Derivative Securities Beneficially	Ownership of Indirect Form of Derivative Security: Direct (D) or Indirect	
			4, and 5)					Amount				
Ti to	reet) 7745 tate) 2. Tr. Date (Mor	reet) 7745 tate) (Zip) 2. Transaction Date (Month/Day/Year) 05/13/2008 rate line for each class of secu Table II - D (e Transaction e ponth/Day/Year) 3A. Deemed Execution Date any	reet) (Middle) 3. Date of Earliest 05/13/2008 4. If Amendment, 7745 (Month/Day/Year) 2. Transaction Date (Month/Day/Year) 05/13/2008 Table II - Derivative Securities beneficially of the Execution Date, if (e.g., puts, calls, was any (Month/Day/Year) (Month/Day/Year) 3A. Deemed Execution Date, if any (Month/Day/Year) (Month/Day/Year) (Month/Day/Year)	FORWARD AIR CORI 3. Date of Earliest Transact 05/13/2008 4. If Amendment, Date Orig 7745 Table I - Non 2. Transaction Date (Month/Day/Year) Code 05/13/2008 A Table II - Derivative Securities Acquire (e.g., puts, calls, warrants, of Date (c.g., puts, calls, warrants, of Code (Month/Day/Year) Transaction Date (e.g., puts, calls, warrants, of Derivative Securities (Acquired (A) or Disposed	FORWARD AIR CORP [FW as its] (Middle) 3. Date of Earliest Transaction (Mos/13/2008 4. If Amendment, Date Original Formula F	FORWARD AIR CORP [FWRD] irst) (Middle) 3. Date of Earliest Transaction (Month/Da 05/13/2008 4. If Amendment, Date Original Filed(Mon 7745 tate) (Zip) Table I - Non-Derivative State) (A) or Disposed (A) o	FORWARD AIR CORP [FWRD] 3. Date of Earliest Transaction (Month/Day/Year) 5/13/2008 Table I - Non-Derivative Securities Acquired, Disposed of, or Ben (e.g., puts, calls, warrants, options, convertible securities and Execution Date, if any (Month/Day/Year) Table II - Derivative Securities Acquired, A) or Disposed of (Instr. 8) Table II - Derivative Securities Acquired, Disposed of, or Ben (e.g., puts, calls, warrants, options, convertible securities Acquired (A) or Disposed of (Instr. 8) Transaction (e.g., puts, calls, warrants, options, convertible securities Acquired (A) or Disposed of (Instr. 8) Transaction (e.g., puts, calls, warrants, options, convertible securities Acquired (A) or Disposed of (Instr. 8)	FORWARD AIR CORP [FWRD] 3. Date of Earliest Transaction (Month/Day/Year) 4. If Amendment, Date Original Filed(Month/Day/Year) 7745 (Zip) Table I - Non-Derivative Securities Acquired Execution Date, if any (Month/Day/Year) (Month/Day/Year) 2. Transaction Date (Month/Day/Year) (Month/Day/Year) 2. Transaction Date (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) 2. Transaction Date (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (A) or One Disposed of (Instr. 8) (B) One Disposed of (Instr. 8) (B) One Disposed of (Instr. 8) (Code V Amount (Instr. 8) (A) or One Disposed of (Instr. 8) (A) or One Disposed of (Instr. 8) (B) One Disposed of (Instr. 8) (Code V Amount (Instr. 8) (A) or One Disposed of (Instr. 8) (A) or One Disposed of (Instr. 8) (B) One Disposed of (Instr. 8) (Code V Amount (Instr. 8) (A) or One Disposed of (Instr. 8) (B) One Disposed of (Instr. 8) (Code V Amount (Instr. 8) (A) or One Disposed of (Instr. 8) (A) or One Disposed of (Instr. 8) (Code V Amount (Instr. 8) (A) or One Disposed of (Instr. 8) (Code V Amount (Instr. 8) (A) or One Disposed of (Instr. 8) (Code V Amount (Instr. 8) (A) or One Disposed of (Instr. 8) (Code V Amount (Instr. 8) (A) or One Disposed of (Instr. 8) (Code (Instr. 8) (D) One Disposed of	FORWARD AIR CORP [FWRD] 3. Date of Earliest Transaction (Month/Day/Year) 05/13/2008 4. If Amendment, Date Original Filed(Month/Day/Year) 4. If Amendment, Date Original Filed(Month/Day/Year) Table I - Non-Derivative Securities Acquired, Disposed of (Instr. 8) 2. Transaction Date Execution Date, if (Month/Day/Year) 2. Transaction (Month/Day/Year) 2. Transaction (Month/Day/Year) 2. Transaction (Month/Day/Year) 2. Transaction (A) or Disposed of (Instr. 8) (Instr. 8) Code (Instr. 3, 4 and 5) Code (Instr. 3, 4 and 5) Persons who respond to the collection displays a currently validation of the form displays a currently validation of the collection displays a currently validation displ	FORWARD AIR CORP [FWRD] X_ Director Officer (give title belown) S/13/2008 Cofficer (give title belown) Officer (give	FORWARD AIR CORP [FWRD] S. Director O5/13/2008 S. Date of Earliest Transaction (Month/Day/Year) O5/13/2008 S. Demed S. Amount of Securities Secur	FORWARD AIR CORP [FWRD] Check all applicable 10% Owner 10%

Reporting Owners

Daniel Communication (Additional	Relationships			
Reporting Owner Name / Address	Director	10% Owner	Officer	Other
PAXTON GARY L 430 AIRPORT ROAD GREENEVILLE, TN 37745	X			

Signatures

/s/ Michael P. McLean, Attorney-in-Fact, Gary L. Paxton	05/15/2008
Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Represents restricted stock awarded under the Forward Air Corporation Amended and Restated Non-Employee Director Stock Plan in a transaction exempt from Section 16(b) under Rule 16b-3. The stock fully vests one year from the 05/13/08 grant date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

