FORM	4
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Check this box if no
longer subject to
Section 16. Form 4 or
Form 5 obligations
may continue. See
Instruction 1(b).

#### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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SEC 1474 (9-02)

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(rint of Type Responses)											
1. Name and Address of Rep RUBLE CHRIS C	2. Issuer Name and FORWARD AIR			<b>·</b> ·	ol	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner					
430 AIRPORT ROAD	(First)		3. Date of Earliest T 02/11/2007	ransaction (	Mon	th/Day/Yo	ear)	X Officer (give title below) Other (specify below) Sr. Vice President, Operations			
GREENEVILLE, TN 37		4. If Amendment, Da	ate Original	Filed	d (Month/Da	y/Year)	6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City) (	(State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned								
1.Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)	Execution Date, if Code (A) or Disposed of (D)			Transaction(s) (Instr. 3 and 4)	Ownership	Beneficial Ownership			
Common Stock		02/12/2007		F <u>(1)</u>		1,270	D	\$ 0	10,835 <u>(2)</u>	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

(e.g., puts, calls, warrants, options, convertible securities)															
1. Title of	2.	3. Transaction	3A. Deemed	4.		5. Numb	er	6. Date Exer	cisable and	7. Title and		8. Price of	9. Number of	10.	11. Nature
Derivative	Conversion	Date	Execution Date, if	Transac	tion	1 of		Expiration Date		Amount of		Derivative	Derivative	Ownership	of Indirect
Security	or Exercise	(Month/Day/Year)	any	Code		Derivati	Derivative (Month/Day/Year) U		Underlying		Security	Securities	Form of	Beneficial	
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8	)	Securitie	urities		Securities		(Instr. 5)	Beneficially	Derivative	Ownership	
	Derivative					Acquire	b			(Instr. 3 and 4)			Owned	Security:	(Instr. 4)
	Security					(A) or					0	Direct (D)			
						Dispose	d of						1	or Indirect	
						(D)							Transaction(s)	· · ·	
						(Instr. 3,	4,				(Instr. 4)	(Instr. 4)			
						and 5)	1		1						
											Amount				
								Date	Expiration		or				
								Exercisable		Title	Number				
				Code	v	(A)	m				of Shares				
				Code	v	(A)	(D)				Shares				
Stock															
Option	\$ 31.65	02/11/2007		٨		50,000		<u>(3)</u>	02/11/2014	Common Stock	50.000	\$ 0	50,000	D	
(Right to	\$ 51.05	02/11/2007		А		30,000		<u>157</u>	02/11/2014	Stock	30,000	\$0	30,000	D	
Buy)															

## **Reporting Owners**

	Relationships								
Reporting Owner Name / Address	Director 10% Own		Officer	Other					
RUBLE CHRIS C 430 AIRPORT ROAD GREENEVILLE, TN 37745			Sr. Vice President, Operations						

## Signatures

By: /s/ Lera Doherty, Attorney-in-Fact	02/14/2007
**Signature of Reporting Person	Date

# **Explanation of Responses:**

\* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) Restricted stock withheld by Issuer to satisfy tax withholding obligation on vesting of restricted stock.

(2) Includes 396 shares acquired under the Issuer's employee stock purchase plan in June and December 2006.

(3) This is a vesting schedule, 33-1/3% over 3 years commencing 2/11/08.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.