FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	es)															
1. Name and Address of Reporting Person * RUBLE CHRIS C				2. Issuer Name and Ticker or Trading Symbol FORWARD AIR CORP [FWRD]							ool	5. F	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner				
(Last) (First) (Middle) 430 AIRPORT ROAD				3. Date of Earliest Transaction (Month/Day/Year) 02/14/2005							(ear)	X	X Officer (give title below) Other (specify below) Sr. Vice President, Operations				
(Street) GREENEVILLE, TN 37745				4. If Amendment, Date Original Filed(Month/Day/Year)							ay/Year)	_X_	6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person _Form filed by More than One Reporting Person				
(Cit	y)	(State)	(Zip)			Ta	able	I - Non-	Deriva	ative	Securities A	Acquired	, Disposed	of, or Benef	ficially Own	ed	
(Instr. 3) Date			2. Transaction Date (Month/Day/Year	2A. Deemed Execution Da any (Month/Day/		Date, if	Code (Inst	e tr. 8)		4. Securities Acqu (A) or Disposed of (Instr. 3, 4 and 5) (A) or Amount (D)		(D) Ow Tra				Ownership o	eneficial wnership
Common	Stock											437 (1)		D		D	
Reminder:	Report on a	separate line for eac		Derivat	tive !	Securitie	s Ac	Pe in dis	rsons this fo splays	s whorm s a c	are not rec currently va of, or Benefic	quired to alid OME cially Ow	respond control r	unless the		ned SEC 14	74 (9-02)
	Conversion		3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code		5. Number		ts, options, conve 6. Date Exercisa Expiration Date (Month/Day/Ye.		isabl ate	e and	7. Title and Amount of Underlying Securities (Instr. 3 and 4)		Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	Ownershi Form of Derivative Security: Direct (D) or Indirec	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercis	able		Expiration Date	Title	Amount or Number of Shares				
Stock Option (Right to Buy)	\$ 43.46	02/14/2005		A		75,000			(2)	0	02/14/2015	Commo	1/5.000	\$ 0	75,000	D	
Stock Option (Right to Buy)	\$ 7.42							02/05/	2002 <mark>(</mark>	(3) 0	02/05/2009	Commo Stock	4 000		4,000	D	
Stock Option (Right to Buy)	\$ 26.69								<u>(4)</u>	0	02/03/2010	Commo			5,000	D	
Stock Option (Right to Buy)	\$ 34.75								<u>(5)</u>	0	02/12/2011	Commo Stock			2,500	D	
Stock Option (Right to Buy)	\$ 23.8								(6)	1	0/16/2011	Commo Stock			10,000	D	
Stock Option (Right to Buy)	\$ 28.23								(7)	0	02/04/2014	Commo Stock			20,000	D	

Reporting Owners

D	Relationships							
Reporting Owner Name / Address	Director	10% Owner	Officer	Other				
RUBLE CHRIS C 430 AIRPORT ROAD			Sr. Vice President, Operations					

By: /s/ Lera Doherty, Attorney-in-Fact	02/16/2005
Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Includes 24 shares acquired under the Issuer's employee stock purchase plan in December 2004.
- (2) This is a vesting schedule, 25% over 4 years, commencing 2/14/2006.
- (3) Became fully exercisable 2/5/2003.
- (4) Became fully exercisable 2/3/2004.
- (5) This is a vesting schedule, 25% over 4 years commencing 2/12/02.
- (6) This is a vesting schedule, 25% over 4 years commencing 10/16/02.
- (7) This is a vesting schedule, 25% over 4 years, commencing 2/4/2005.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.