Registration No. 333-280279 Registration No. 333-125872 Registration No. 333-211256

#### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

POST-EFFECTIVE AMENDMENT NO. 1 TO FORM S-8 REGISTRATION STATEMENT (NO. 333-280279) POST-EFFECTIVE AMENDMENT NO. 1 TO FORM S-8 REGISTRATION STATEMENT (NO. 333-125872) POST-EFFECTIVE AMENDMENT NO. 1 TO FORM S-8 REGISTRATION STATEMENT (NO. 333-211256)

**UNDER THE SECURITIES ACT OF 1933** 

#### FORWARD AIR CORPORATION

(Exact name of registrant as specified in its charter)

(State or oth	elaware  er jurisdiction of n or organization)		_	62-1120025 (I.R.S. Employer Identification No.)	
		Greeneville,	ry Road, Building N, Tennessee 37745 xecutive Offices)(Zip Code)		
	FO	ARD AIR CORPORATION 2016 OM DRWARD AIR CORPORATION 2008 CORPORATION AMENDED AND R (Full title	5 EMPLOYEE STOCK PURC	CHASE PLAN	
		Chief Legal Of 1915 Snapps Fer Greeneville, '	el L. Hance ficer and Secretary ry Road, Building N Tennessee 37745 s of agent for service)		
			636-7000 g area code, of agent for service	2)	
		erated filer, an accelerated filer, a non-ac g company," and "emerging growth con		ting company or an emerging growth company. See the change Act.	definitions of
Large accelerated filer Non-accelerated filer	0			Accelerated filer Smaller reporting company Emerging growth company	
f an emerging growth compan pursuant to Section 7(a)(2)(B)	y, indicate by check mark if the of the Securities Act. □	e registrant has elected not to use the ex	tended transition period for com	nplying with any new or revised financial accounting sta	ndards provided

#### EXPLANATORY NOTE

This Post-Effective Amendment is being filed pursuant to Rule 414 under the Securities Act of 1933, as amended (the "Securities Act"), and constitutes a Post-Effective Amendment (the "Amendment") to Registration Statements Nos. 333-280279, 333-125872, and 333-211256 (the "Registration Statements") filed by Forward Air Corporation, a Tennessee corporation ("FWRD-Tennessee"), the predecessor of the Company (as defined below). The Company succeeded to the interests of FWRD-Tennessee following a reincorporation effected pursuant to a Plan of Merger, dated as of April 30, 2025 (the "Merger Agreement"), between FWRD-Tennessee and FA-Delaware Corporation, a Delaware corporation and wholly owned subsidiary of FWRD-Tennessee ("FWRD-Delaware"). The Merger Agreement provided for, among other things, the merger of FWRD-Tennessee with and into FWRD-Delaware (the "Merger"). The Merger Agreement was approved by the shareholders of FWRD-Tennessee at the Annual Meeting of Shareholders held on June 11, 2025, for which proxies were solicited pursuant to Section 14(a) of the Securities Exchange Act of 1934, as amended (the "Exchange Act"). Pursuant to the Merger Agreement, FWRD-Delaware is the surviving corporation in the Merger and, at the effective time of the Merger, changed its name to Forward Air Corporation (the "Company"). As a result of the Merger and upon the effective date of the Merger, each outstanding share of common stock, par value \$0.01 per share, and one share of preferred stock, par value \$0.01 per share, of FWRD-Tennessee was automatically converted into one share of common stock, par value \$0.01 per share, and one share of preferred stock, par value \$0.01 per share, of the Company. Immediately prior to the consummation of the Merger, the Company had nominal assets and liabilities.

For purposes of this Amendment and the Registration Statements, any reference to "Forward Air Corporation" (i) as of any time prior to the effective time of the Merger shall mean FWRD-Tennessee and (ii) as of any time after the effective time of the Merger shall mean the Company.

The prospectuses contained in the Registration Statements incorporate by reference all documents filed by FWRD-Tennessee and the Company under Sections 13(a), 13(c), 14 or 15(d) of the Exchange Act after the date of the initial filing of each Registration Statement and will incorporate by reference all documents filed by the Company under Sections 13(a), 13(c), 14 or 15(d) of the Exchange Act following the date of this Amendment. The prospectuses contained in the Registration Statements, as well as all documents filed by us under Sections 13(a), 13(c), 14 or 15(d) of the Exchange Act before the effective time of the Merger and incorporated by reference in the Registration Statements, will not reflect the change in the state of incorporation of the registrant or changes in capital stock, among other things. With respect to such information, or any other information contained or incorporated by reference in the Registration Statements, the statement or information previously contained or incorporated in the Registration Statements shall also be deemed modified or superseded in the same manner.

The Registration Statements and prospectuses shall remain unchanged in all other respects. Accordingly, this Amendment consists only of this explanatory note and revised versions of the following parts of the Form S-8; Part II, the signatures, the exhibit index and the exhibits filed in connection with this Amendment. In accordance with paragraph (d) of Rule 414 of the Securities Act, except as modified by this Amendment, the Company, as successor issuer to FWRD-Tennessee, hereby expressly adopts the Registration Statement as its own registration statement for all purposes of the Securities Act and the Exchange Act.

# PART II Information Required in the Registration Statement

#### Item 3. Incorporation of Documents by Reference.

Forward Air Corporation (the "Registrant") hereby incorporates by reference into this Registration Statement the following documents previously filed by the Company and FWRD-Tennessee, as applicable, with the Securities and Exchange Commission (the "Commission"):

- (a) The Registrant's Annual Report on Form 10-K for the fiscal year ended December 31, 2024, filed with the Commission on March 24, 2025, as amended by Amendment No. 1 on Form 10-K/A filed with the Commission on March 25, 2025, Amendment No. 2 on Form 10-K/A filed with the Commission on April 11, 2025, and Amendment No. 3 on Form 10-K/A filed with the Commission on April 30, 2025, pursuant to Section 13 of the Exchange Act;
- (b) All other reports filed pursuant to Section 13(a) or 15(d) of the Exchange Act since the end of the fiscal year covered by the Registrant's Annual Report referred to in (a) above; and
- (c) The description of the Registrant's Common Stock and Preferred Stock contained in Exhibit 4.1 to the Registrant's Current Report on Form 8-K12B filed with the Commission on June 13, 2025, and including any other amendments or reports filed for the purpose of updating such description.

All reports and definitive proxy or information statements filed pursuant to Section 13(a), 13(c), 14 or 15(d) of the Exchange Act subsequent to the filing of this Registration Statement and prior to the filing of a post-effective amendment which indicates that all securities offered hereby have been sold or which de-registers all securities then remaining unsold shall be deemed to be incorporated by reference into this Registration Statement and to be a part hereof from the date of filing such documents, except as to specific sections of such statements as set forth therein. Unless expressly incorporated into this Registration Statement, a report furnished on Form 8-K prior or subsequent to the date hereof shall not be incorporated by reference into this Registration Statement. Any statement contained in a document incorporated or deemed to be incorporated by reference herein shall be deemed to be modified or superseded for purposes of this Registration Statement to the extent that a statement contained in any subsequently filed document which also is deemed to be incorporated by reference herein modifies or supersedes such statement.

#### Item 4. Description of Securities.

Not applicable.

#### Item 5. Interests of Named Experts and Counsel.

Not applicable.

#### Item 6. Indemnification of Directors and Officers.

Under the General Corporation Law of the State of Delaware (the "DGCL"), a Delaware corporation may include in its certificate of incorporation a provision that, subject to the limitations described below, eliminates or limits the personal liability of a director to the corporation or its stockholders for monetary damages for breaches of fiduciary duty as a director. Such a provision may not eliminate or limit the liability of a director for (i) any breach of the duty of loyalty to the corporation or its stockholders, (ii) acts or omissions not in good faith or that involve intentional misconduct or a knowing violation of law, (iii) the willful or negligent payment of unlawful dividends or purchases or redemptions of shares of stock, or (iv) transactions from which such director derived an improper personal benefit. The Company's certificate of incorporation includes a provision providing that directors of the

Company shall not be liable to the Company or our shareholders for monetary damages for breach of fiduciary duty, except to the extent such exemption or limitation is not permitted by the DGCL.

The DGCL also provides that a Delaware corporation has the power to indemnify any person who is a party or is threatened to be made a party to any threatened, pending or completed action, suit or proceeding (whether civil, criminal, administrative or investigative) by reason of the fact that such person is or was a director, officer, employee or agent of the corporation, or is or was serving at the request of the corporation as a director, officer, employee of another entity, against reasonable expenses (including attorneys' fees) and, in actions not brought by or in the right of the corporation, judgments, fines and amounts paid in settlement, in each case, actually and reasonably incurred in connection with such action, suit or proceeding, but only if such person acted in a manner reasonably believed to be in or not opposed to the best interests of the corporation and, with respect to any criminal action, had no reasonable cause to believe his or her conduct was unlawful, except that in any action brought by or in the right of the corporation, such indemnification may not be made if such person is adjudged liable to the corporation (unless otherwise determined by the court in which such action, suit or proceeding was brought or the Delaware Court of Chancery). In addition, under Delaware law, to the extent that a present or former director or officer of a Delaware corporation has been successful on the merits or otherwise in defense of any action, suit or proceeding referred to above or any claim, issue or matter therein, he or she must be indemnified by the corporation against expenses (including attorneys' fees) actually and reasonably incurred by him or her. Furthermore, under Delaware law, a Delaware corporation is permitted to maintain directors' and officers' insurance.

The Company's amended and restated certificate of incorporation (the "Charter") requires the Company to indemnify any person who is or was a party or is threatened to be made a party to or is otherwise involved in any action, suit or proceeding described above by reason of the fact that such person is or was a director of the Company or, while a director or officer of the Company, is or was serving at the request of the Company as a director, officer, employee or agent of another entity, to the fullest extent permitted by law. The Company's Charter also require the Company to pay the legal expenses (including attorneys' fees) of any such person in defending any such action, suit or proceeding in advance of its final disposition subject, in the case of present directors and officers, to the provision by such director or officer of an undertaking to repay the amounts advanced if it is ultimately determined that such director or officer is not entitled to be indemnified under the bylaws or otherwise.

Additionally, the Company maintains directors' and officers' liability insurance for its directors and officers.

#### Item 7. Exemption from Registration Claimed.

Not applicable.

#### Item 8. Exhibits.

			Inc	corporated by Reference		
Exhibit <u>Number</u>	<b>Description of Document</b>	<u>Form</u>	File <u>No.</u>	<u>Exhibit</u>	Filing Date	Filed <u>Herewith</u>
4.1	Amended and Restated Certificate of Incorporation of Forward Air Corporation, as currently in effect.	8-K12B	001-42704	3.1	June 13, 2025	
4.2	Amended and Restated Bylaws of Forward Air Corporation.	8-K12B	001-42704	3.2	June 13, 2025	
5.1	Opinion and Consent of Jones Day.					X
23.1	Consent of Independent Registered Public Accounting Firm.					X
23.2	Consent of Jones Day (contained in Exhibit 5.1).					X
24.1	Power of Attorney.					X

#### Item 9. Undertakings.

- (a) The undersigned Registrant hereby undertakes:
  - (1) To file, during any period in which offers or sales are being made, a post-effective amendment to this Registration Statement:
    - (i) to include any prospectus required by Section 10(a)(3) of the Securities Act;
    - (ii) to reflect in the prospectus any facts or events arising after the effective date of the Registration Statement (or the most recent post-effective amendment thereof) which, individually or in the aggregate, represent a fundamental change in the information set forth in this Registration Statement notwithstanding the foregoing, any increase or decrease in volume of securities offered (if the total dollar value of securities offered would not exceed that which was registered) and any deviation from the low or high end of the estimated maximum offering range may be reflected in the form of prospectus filed with the Commission pursuant to Rule 424(b) if, in the aggregate, the changes in volume and price represent no more than 20% change in the maximum aggregate offering price set forth in the "Calculation of Filing Fee Tables" or "Calculation of Registration Fee" table, as applicable, in the effective Registration Statement; and
    - (iii) to include any material information with respect to the plan of distribution not previously disclosed in the Registration Statement or any material change to such information in the Registration Statement;

provided, however, that clauses (1)(i) and (1)(ii) above do not apply if the information required to be included in a post-effective amendment by those clauses is contained in reports filed with or furnished to the Commission by the Registrant pursuant to Section 13 or Section 15(d) of the Exchange Act that are incorporated by reference in this Registration Statement.

- (2) That, for the purpose of determining any liability under the Securities Act, each such post-effective amendment shall be deemed to be a new registration statement relating to the securities offered therein, and the offering of such securities at that time shall be deemed to be the initial bona fide offering thereof
- (3) To remove from registration by means of a post-effective amendment any of the securities being registered which remain unsold at the termination of the offering.
- (b) The undersigned Registrant hereby undertakes that, for purposes of determining any liability under the Securities Act, each filing of the Registrant's annual report pursuant to Section 13(a) or Section 15(d) of the Exchange Act (and, where applicable, each filing of an employee benefit plan's annual report pursuant to Section 15(d) of the Exchange Act) that is incorporated by reference in this Registration Statement shall be deemed to be a new registration statement relating to the securities offered therein, and the offering of such securities at that time shall be deemed to be the initial bona fide offering thereof.
- (c) Insofar as indemnification for liabilities arising under the Securities Act may be permitted to directors, officers and controlling persons of the Registrant pursuant to the indemnification provisions summarized in Item 6, or otherwise, the Registrant has been advised that in the opinion of the Commission such indemnification is against public policy as expressed in the Securities Act and is, therefore, unenforceable. In the event that a claim for indemnification against such liabilities (other than the payment by the Registrant of expenses incurred or paid by a director, officer or controlling person of the Registrant in the successful defense of any action, suit or proceeding) is asserted by such director, officer or controlling person in connection with the securities being registered, the Registrant will, unless in the opinion of its counsel the matter has been settled by controlling precedent, submit to a court of appropriate jurisdiction the question whether such indemnification by it is against public policy as expressed in the Securities Act and will be governed by the final adjudication of such issue.

#### **SIGNATURES**

Pursuant to the requirements of the Securities Act of 1933, the Registrant certifies that it has reasonable grounds to believe that it meets all of the requirements for filing on Form S-8 and has duly caused this Post-Effective Amendment to the Registration Statement to be signed on its behalf by the undersigned, thereunto duly authorized, in the City of Greeneville, State of Tennessee, on June 16, 2025.

#### **Forward Air Corporation**

By: /s/ Shawn Stewart

Shawn Stewart

Chief Executive Officer and

Director

(Principal Executive Officer)

Pursuant to the requirements of the Securities Act of 1933, this Post-Effective Amendment on Form S-8 to the Registration Statement has been signed by the following persons in the capacities and on the dates indicated.

Signature	Title	Date	
/s/ Shawn Stewart Shawn Stewart	Chief Executive Officer and Director (Principal Executive Officer)	June 16, 2025	
/s/ Jamie Pierson Jamie Pierson	Chief Financial Officer (Principal Financial Officer)	June 16, 2025	
/s/ James Faught James Faught	Chief Accounting Officer (Principal Accounting Officer)	June 16, 2025	
* Jerome Lorrain	Executive Chairman and Director	June 16, 2025	
* Charles L. Anderson	Director	June 16, 2025	
* Dale W. Boyles	Director	June 16, 2025	
*  Robert L. Edwards, Jr.	Director	June 16, 2025	
* Christine M. Gorjanc	Director	June 16, 2025	
* Michael B. Hodge	Director	June 16, 2025	

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signed, by signing his name hereto, does sign this Registration Statement on behalf of the designated officers and directors of Forward Air Corporate Attorney executed on behalf of each of such officer and director that is filed as Exhibit 24.1 hereto.	oration, pursuant to
/s/ Shawn Stewart Shawn Stewart Attorney-in-Fact	June 16, 2025
	igned, by signing his name hereto, does sign this Registration Statement on behalf of the designated officers and directors of Forward Air Corporation (Factorney executed on behalf of each of such officer and director that is filed as Exhibit 24.1 hereto.

Director

June 16, 2025

## JONES DAY

1221 PEACHTREE STREET, N.E. • SUITE 400 • ATLANTA, GEORGIA 30361
TELEPHONE: +1.404.521.3939 • JONESDAY.COM

June 16, 2025

Forward Air Corporation 1915 Snapps Ferry Road Building N Greeneville, TN 37745

Re: <u>Post-Effective Amendments to Registration Statements on Form S-8 Filed by Forward Air Corp.</u>

#### Ladies and Gentlemen:

We have acted as counsel to Forward Air Corporation, a Delaware corporation (the "Company"), as successor to Forward Air Corporation, a Tennessee corporation, in connection with the filing by the Company of Post-Effective Amendment No. 1 to (i) the Registration Statement on Form S-8 (Registration No. 333-125872) (the "2005 Registration Statement") filed by the Company to register under the Securities Act of 1933 (the "Securities Act") an aggregate of 500,000 shares of common stock, par value \$0.01 per share (the "Shares"), of the Company to be issued or delivered and sold pursuant to the Forward Air Corporation 2005 Employee Stock Purchase Plan (the "2005 Plan"), (ii) the Registration Statement on Form S-8 (Registration No. 333-211256) (the "2016 Registration Statement") filed by the Company to register under the Securities Act an aggregate of 2,000,000 Shares to be issued or delivered and sold pursuant to the Forward Air Corporation 2016 Omnibus Incentive Compensation Plan (the "2016 Plan") and 160,000 Shares to be issued or delivered and sold pursuant to the Amended and Restated Non-Employee Director Stock Plan (the "NED Stock Plan" and together with the 2005 Plan and the 2016 Plan, the "*Plans*"), and (iii) the Registration Statement on Form S-8 (Registration No. 333-280279) (the "2024 Registration Statement" and together with the 2005 Registration Statement and the 2016 Registration Statement, the "Registration Statements") filed by the Company to register under the Securities Act an aggregate of 1,370,000 Shares to be issued or delivered and sold pursuant to the 2016 Plan.

In connection with the opinion expressed herein, we have examined such documents, records and matters of law as we have deemed relevant or necessary for purposes of such opinion. Based on the foregoing, and subject to the further limitations, qualifications and assumptions set forth herein, we are of the opinion that the Shares that may be issued or delivered and sold pursuant to the Plans and the authorized forms of applicable award agreements thereunder (collectively, the "Award Agreements") will be, when issued or delivered

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Forward Air Corporation June 16, 2025 Page 2

and sold in accordance with the applicable Plan and the applicable Award Agreements, validly issued, fully paid and nonassessable, provided that the consideration for the Shares is at least equal to the stated par value thereof.

The opinion expressed herein is limited to the General Corporation Law of the State of Delaware, as currently in effect, and we express no opinion with respect to the laws of any other jurisdiction on the opinion expressed herein. In addition, we have assumed that the resolutions authorizing the Company to issue or deliver and sell the Shares pursuant to the Plans and the Award Agreements will be in full force and effect at all times at which the Shares are issued or delivered and sold by the Company, and that the Company will take no action inconsistent with such resolutions. In rendering the opinion above, we have assumed that each award under the Plans will be approved by the Board of Directors of the Company or an authorized committee thereof.

We hereby consent to the filing of this opinion as Exhibit 5.1 to the Post-Effective Amendments to the Registration Statements. In giving such consent, we do not thereby admit that we are included in the category of persons whose consent is required under Section 7 of the Securities Act or the rules and regulations of the Securities and Exchange Commission promulgated thereunder.

Very truly yours,

/s/ Jones Day

### **Consent of Independent Registered Public Accounting Firm**

We consent to the incorporation by reference in the Post-Effective Amendment No. 1 to the Registration Statements (Form S-8 No. 333-280279, No. 333-125872, and No. 333-211256) of our reports dated March 24, 2025, with respect to the consolidated financial statements of Forward Air Corporation and the effectiveness of internal control over financial reporting of Forward Air Corporation included in its Annual Report (Form 10-K) for the year ended December 31, 2024, filed with the Securities and Exchange Commission.

/s/ Ernst & Young

Atlanta, Georgia June 13, 2025

#### POWER OF ATTORNEY

KNOW ALL PERSONS BY THESE PRESENTS, that each person whose signature appears below hereby constitutes and appoints Shawn Stewart and Jamie G. Pierson, or any of them, each acting alone, as the true and lawful attorney-in-fact or attorneys-in-fact for each of the undersigned, with full power of substitution and resubstitution, and in the name, place and stead of each of the undersigned, to execute and file with the Securities and Exchange Commission (i) the Registration Statement on Form S-8, registering the shares of common stock, par value \$0.01 per share, issuable pursuant to the Forward Air Corporation 2025 Omnibus Incentive Compensation Plan and the Forward Air Corporation 2025 Non-Employee Director Stock Plan (the "New Form S-8"), (ii) the Post-Effective Amendment to Form S-8 Registration Statements (Registration Statement Nos. 333-280279, 333-151198, 333-134294, 333-125872, 333-120250, 333-120249, 333-94249 and 333-211256) (the "Form S-8 POS"), and (iii) the Post-Effective Amendment No. 3 to Form S-1 on Form S-3 (Registration Statement No. 333-280102) (the "Form S-3" and together with the New Form S-8 POS"), the "New Registration Statements"), and any and all amendments, supplements and exhibits to any of the New Registration Statements including pre-effective and post-effective amendments or supplements thereto and any additional registration statements filed pursuant to Rule 462(b) promulgated under the Securities Act of 1933, as amended, with full power and authority to do and perform any and all acts and things whatsoever required, necessary, appropriate or desirable to be done in the premises, hereby ratifying and approving the acts of said attorneys and any of them and any such substitute or resubstitute.

This Power of Attorney may be executed in multiple counterparts, each of which shall be deemed an original with respect to the person executing it.

Executed as of this 13th day of June, 2025.

/s/ Charles L. Anderson	/s/ Dale W. Boyles	
Charles L. Anderson	Dale W. Boyles	
Director	Director	
/s/ Robert L. Edwards, Jr.	/s/ Christine M. Gorjanc	
Robert L. Edwards, Jr.	Christine M. Gorjanc	
Director	Director	
/s/ Michael B. Hodge	/s/ Jerome Lorrain	
Michael B. Hodge	Jerome Lorrain	
Director	Executive Chairman and Director	
/s/ Paul Svindland		
Paul Svindland		
Director		