# UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 8-K

### **CURRENT REPORT**

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report: April 18, 2022

## FORWARD AIR CORPORATION

(Exact name of registrant as specified in its charter)

TN			62-1120025 (I.R.S. Employer Identification No.)	
(State or other jurisdiction of incorporation)				
1915 Snapps Ferry Road	Building N	Greeneville	TN	37745
(Add	lress of principal exe	cutive offices)		(Zip Code)
		00	00-22490	
		(Commis	sion File Number)	
	Registrant	s telephone number	, including area cod	e: (423) 636-7000
		Not	Applicable	
	(Fo	ormer name or former a	ddress, if changed sinc	e last report)
eck the appropriate box below is owing provisions:				
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# Item 5.02. Departure of Directors or Certain Officers; Election of Directors; Appointment of Certain Officers; Compensatory Arrangements of Certain Officers.

(b)
On April 18, 2022, Scott E. Schara, Chief Commercial Officer of Forward Air Corporation (the "Company"), notified the Company of his decision to resign from his position, effective as of April 30, 2022. Mr. Schara indicated that while he remains supportive of the Company's strategy and leadership team, he was presented with a unique opportunity that prompted his decision to resign and take a new role. During his employment, Mr. Schara worked closely with Tom Schmitt, the Company's Chief Executive Officer, to build the Company's sales and marketing team, and in the interim following Mr. Schara's departure, Mr. Schmitt will lead that team.

In connection with his departure, Mr. Schara and the Company will enter into a Separation and General Release Agreement (the "Agreement"), pursuant to which, in exchange for Mr. Schara's full release of all claims against the Company associated with his employment with the Company, the Company will, among other things, agree to waive enforcement of the non-competition provisions of the Participation and Restrictive Covenants Agreement between the Company and Mr. Schara. Pursuant to the Agreement, Mr. Schara will also be bound by restrictive covenants concerning non-solicitation of certain customers of the Company.

### **SIGNATURES**

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Date: April 21, 2022

FORWARD AIR CORPORATION

By: /s/ Thomas Schmitt

Thomas Schmitt President and Chief Executive Officer