FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person * Hance Michael L				2. Issuer Name and Ticker or Trading Symbol FORWARD AIR CORP [FWRD]							mbol	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
(Last) (First) (Middle) 1915 SNAPPS FERRY ROAD, BUILDING N					3. Date of Earliest Transaction (Month/Day/Year) 03/17/2022							X Officer (give title below) Other (specify below) CLO and Secretary					
(Street) GREENEVILLE, TN 37745				4. If Amendment, Date Original Filed(Month/Day/Year)							n/Day/Year)	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City	7)	(State)	(Zip)		Table I - Non-Derivative Securities Acquire					uired, Dispo	red, Disposed of, or Beneficially Owned						
(Instr. 3) Date		2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, any (Month/Day/Yes		ŕ	(Instr. 8)		(A) or Disposed of		of			Ownersh Form: Direct (D	Ownership Form: Direct (D)			
							C	ode	V	Amour	(A) or (D)	Price		or Indirect (II (I) (Instr. 4)		(Instr. 4)	
Commor	Common Stock 03		03/17/2022			1	A		1,361 (1)	A	\$ 0	41,798.6	8.6221		D		
Common Stock		03/17/2022				F	(2)		331	D	\$ 0	41,467.6	5221		D		
								quire	containe for the distriction of	ained in orm dis	n this fo splays a of, or Ber	rm ar curre	e not requently valid		ormation spond unle trol numbe	ss	1474 (9-02)
1. Title of Derivative Security (Instr. 3)	Fitle of 2. 3. Transaction 3A. Deemed Execution Date or Exercise (Month/Day/Year)		ate, if T	l. Fransact Code	ion	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		Date Exercisable Exercisable Exercisable Expiration Date (Month/Day/Year) Expiration Exercisable Expiration Date Date Expiration Date		7. T Am Und Sec (Ins 4)	Amount or Number		9. Number of Derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Owners Form of Derivat Security Direct (or Indir	Beneficia Ownersh (Instr. 4)		

Reporting Owners

	Relationships							
Reporting Owner Name / Address	Director	10% Owner	Officer	Other				
Hance Michael L 1915 SNAPPS FERRY ROAD BUILDING N GREENEVILLE, TN 37745			CLO and Secretary					

Signatures

/s/ Michael L. Hance	03/17/2022
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Represents an award of performance shares that vests on March 15, 2022. The number of shares awarded was determined based on the performance of the common stock of the Issuer as compared to the performance of the common stock of a selected peer group over a three-year performance period.
- (2) Shares withheld by Issuer to satisfy minimum tax withholding obligation upon vesting of performance share award on March 15, 2022.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.