FORM 4

Check this box if no
longer subject to
Section 16. Form 4 or
Form 5 obligations
may continue. See
Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print of Type Responses)									r		
1. Name and Address of I RUBLE CHRIS C	2. Issuer Name and FORWARD AIR			0,	1	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner					
430 AIRPORT ROAI	(First)		3. Date of Earliest T 02/07/2012	ransaction ((Mon	th/Day/Yea	ar)	X Officer (give title below) Other (specify below) Executive VP, Operations			
GREENEVILLE, TN		4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City)	(State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned								
1.Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)	Execution Date, if	(Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	Ownership	7. Nature of Indirect Beneficial
			(Month/Day/Year)	Code	v	Amount	(A) or (D)	Price	(Instr. 3 and 4)	Direct (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)
Common Stock		12/31/2011		J <u>(1)</u>	V	45.0685 (<u>1)</u>	A	\$ 0 (1)	4,346.4953	D	
Common Stock		02/07/2012		А		3,009 (2)	А	\$ 0	7,355.4953 <u>(2)</u>	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information SEC 1474 (9-02) contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

arrants.	options.	con	vertible se	curities)	

	(e.g., puts, calls, warrants, options, convertible securities)														
1. Title of	2.	3. Transaction	3A. Deemed	4.		5. Num	nber	6. Date Exer	cisable and	7. Title and		8. Price of	9. Number of	10.	11. Nature
Derivative	Conversion	Date	Execution Date, if	Transaction of		Expiration Date		Amount of		Derivative	Derivative	Ownership	of Indirect		
Security	or Exercise	(Month/Day/Year)	any	Code Derivative		(Month/Day/Year)		Underlying		Security	Securities	Form of	Beneficial		
(Instr. 3)	Price of		(Month/Day/Year)	· · · · · · · · · · · · · · · · · · ·						(Instr. 5)	Beneficially	Derivative	Ownership		
	Derivative				Acquired				(Instr. 3 and 4)					(Instr. 4)	
	Security					(A) or							0	Direct (D)	
						Dispos	ed						1	or Indirect	
						of (D)							Transaction(s)	· ·	
						(Instr. 3	3, 4,						(Instr. 4)	(Instr. 4)	
						and 5)			1						
											Amount				
								Date	Expiration		or				
								Exercisable	1		Number				
				Code	v		m				of Shares				
				Code	v	(A)	(D)				Shares				
Stock															
Option	\$ 36.55	02/07/2012				0 560		<u>(3)</u>	02/07/2019	Common	9 5 6 0	ϕ ϕ (3)	8 560	D	
(Right to	\$ 30.33	02/07/2012		А		8,560		101	02/07/2019	Stock	8,560	\$ 0 <u>(3)</u>	8,560	D	
Buy)															

Reporting Owners

	Relationships									
Reporting Owner Name / Address	Director	10% Owner	Officer	Other						
RUBLE CHRIS C 430 AIRPORT ROAD GREENEVILLE, TN 37745			Executive VP, Operations							

Signatures

/s/ Michael P. McLean, Attorney-in-Fact
"Signature of Reporting Person

02/09/2012 Date

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) Includes 45.0685 shares acquired under the Issuer's employee stock purchase plan in December 2011.

(3) This option vests 33-1/3% each year over a three year period commencing on 2/7/13.

⁽²⁾ Award of time-vesting restricted stock under the Forward Air Corporation Amended and Restated Stock Option and Incentive Plan in a transaction exempt from Section 16(b) under Rule 16b-3. The stock vests equally in one-third increments over three years commencing 2/7/13 and fully vesting on 2/7/15.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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