FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL					
DMB Number:	3235-0287				
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ours per respon	se 0.5				

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Print or Ty	pe Response	es)														
1. Name and Address of Reporting Person * MUNDY RAY A				2. Issuer Name and Ticker or Trading Symbol FORWARD AIR CORP [FWRD]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner				
(Last) 430 AIRF) PORT ROA	(First) AD	(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 05/10/2011							(give title belo	w)	Other (specify b	elow)		
(Street) GREENEVILLE, TN 37745			4. If Amendment, Date Original Filed(Month/Day/Year)							6. Individual or Joint/Group Filing(Check Applicable Line) X_ Form filed by One Reporting Person Form filed by More than One Reporting Person						
(City		(State)	(Zip)		Т	able	I - Non-	-Deriv	vative S	ecurities A	Acqui	ired, Dispo	osed of, or l	Beneficially	Owned	
1.Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Year)	Execu any		if C	Code (Instr. 8)		4. Securities Acquire (A) or Disposed of (D) (Instr. 3, 4 and 5)		of	5. Amount of Securiti Beneficially Owned I Reported Transaction (Instr. 3 and 4)		Following (s)	6. Ownership Form: Direct (D)	Beneficial Ownership
							Code	V	Amoui	(A) or (D)	Price				or Indirect (Instr. 4) (I) (Instr. 4)	
Common	Stock		05/10/2011				A		2,443 (1)	A	\$ 0	31,801			D	
Reminder: indirectly.	Report on a	separate line fo	or each class of secu	ırities t	beneficially	y owr		Perso conta	ons wh	n this for	m ar	e not req	uired to re	formation spond unl	ess	EC 1474 (9- 02)
			Table II - D		tive Securi								l			
1. Title of 2. Derivative Conversion or Exercise Price of Derivative Security		3. Transaction Date (Month/Day/	3A. Deemed Execution Da any	4. Transaction Code Year) (Instr. 8)		5. In of De Sec Ac (A) Dis of (In	Number	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. T Am Und Sec	itle and ount of	Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)	Ownership Form of Derivative Security: Direct (D) or Indirect) [`	
								Date Exer	cisable	Expiration Date	n Title	Amount or e Number of				

Reporting Owners

Daniel Carroll Name / Add	Relationships							
Reporting Owner Name / Address	Director	10% Owner	Officer	Other				
MUNDY RAY A 430 AIRPORT ROAD GREENEVILLE, TN 37745	X							

Signatures

/s/ Michael P. McLean, Attorney-in-Fact	05/12/2011
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Represents restricted stock awarded under the Forward Air Corporation Amended and Restated Non-Employee Director Stock Plan in a transaction exempt from Section 16(b) under Rule 16b-3. The stock fully vests one year from the 05/10/11 grant date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

