FORM	4
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Check this box if no
longer subject to
Section 16. Form 4 or
Form 5 obligations
may continue. See
Instruction 1(b).

#### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Respons	ses)											
1. Name and Address JEWELL MATTH	2. Issuer Name <b>an</b> FORWARD AIR			- ·	l	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner						
430 AIRPORT RO	(First) AD		3. Date of Earliest T 02/11/2011	ransaction	(Mon	th/Day/Yea	ar)	X_Officer (give title below) Other (specify below)   Executive VP, CLO & Secretary				
GREENEVILLE, 1	(Street) TN 37745		4. If Amendment, D	ate Origina	l File	d(Month/Day/	Year)	6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City)	(State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned									
1.Title of Security (Instr. 3) 2. Transaction Date (Month/Day/Yea			Execution Date, if any	Code (Instr. 8)				of (D)	Transaction(s)	Ownership	7. Nature of Indirect Beneficial	
			(Month/Day/Year)	Code	V	Amount	(A) or (D)	Price	X Z	Direct (D) or Indirect (I) (Instr. 4)	1	
Common Stock		12/31/2010		J <u>(1)</u>	v	10 8908	· · /	\$ 0 (1)	11,146.2075	D		
Common Stock		02/11/2011		А		4,074 (2)	А	\$ 0	15,220.2075 (2)	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

SEC 1474 (9-02)

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## Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

(e.g., puts, calls, warrants, options, convertible securities)															
1. Title of	2.	3. Transaction	3A. Deemed	4. 5. Number		6. Date Exer	cisable and	7. Title and		8. Price of	9. Number of	10.	11. Nature		
Derivative	Conversion	Date	Execution Date, if	Transac	Transaction of		Expiration Date		Amount of		Derivative	Derivative	Ownership	of Indirect	
Security	or Exercise	(Month/Day/Year)	any	Code		Derivative		(Month/Day/Year)		Underlying		Security	Securities	Form of	Beneficial
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8	)	Securities				Securities		(Instr. 5)	Beneficially	Derivative	Ownership
	Derivative					Acquired			(Instr. 3 and 4)			Owned	2	(Instr. 4)	
	Security					(A) or	(A) or					Following	Direct (D)		
						Disposed of					1	or Indirect			
						(D)						Transaction(s)	· /		
						(Instr. 3, 4,							(Instr. 4)	(Instr. 4)	
					_	and 5)									
											Amount				
								Date	Expiration		or				
								Exercisable	1	Title	Number				
									Dute		of				
				Code	V	(A)	(D)				Shares				
Stock															
Option										Common Stock		(2)		-	
(Right to	\$ 28.61	02/11/2011		Α		12,222		<u>(3)</u>	02/11/2018	Stock	12,222	\$ 0 <u>(3)</u>	12,222	D	
										STOCK					
Buy)															

## **Reporting Owners**

Den estima Orman Nama ( Address	Relationships								
Reporting Owner Name / Address		10% Owner	Officer	Other					
JEWELL MATTHEW J 430 AIRPORT ROAD GREENEVILLE, TN 37745			Executive VP, CLO & Secretary						

## **Signatures**

/s/ Michael P. McLean, Attorney-in-Fact \*\*Signature of Reporting Person

#### 02/15/2011 Date

# **Explanation of Responses:**

\* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) Includes 10.89 shares acquired under the Issuer's employee stock purchase plan in June and December 2010.

(2) Award of time-vesting restricted stock under the Forward Air Corporation Amended and Restated Stock Option and Incentive Plan in transaction exempt from Section 16(b) under Rule 16b-3. The stock vests equally in one-third increments over three years commencing 2/11/12 and fully vesting on 2/11/14.

(3) This option vests 33-1/3% each year over a three year period commencing on 2/11/12.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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