FORM 4

## U.S. SECURITIES AND EXCHANGE COMMISSION WASHINGTON, DC 20549

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

// Check box if longer subject Section 16. For or Form 5 obl may continue Instruction 1(	t to Filed pursuant orm 4 Exchange igations Public Ut . See or Section	to Section 16(a) of the S Act of 1934, Section 17( ility Holding Company A 30(f) of the Investment of 1940	(a) of the Act of 1935			
<table> <s></s></table>	<c> <c></c></c>	<c></c>	<c></c>	<c></c>	<c></c>	
1. Name and Ac Campbell, Bruce	ddress of Reporting Per	son* 2. Issuer Name a	and Ticker of n (FWRD)	r Trading S Iss	ymbol 6. Relationsl uer (Check all applic	hip of Reporting Person to cable)
(Last) (Fi 430 Airport Ro	arst) (Middle) 3.	IRS or Social Security 4 Number of Reporting Person (Voluntary)	4. Statement Month/Yea Septemb	for r X (	 Officer (give Other	(Specify
Greeneville, Te	,	5. If	Amendment,	Pres	sident and C.O.O.	
(City) (S	tate) (Zip)	(Month/Y N/A 7. I 	Year) Individual or Individual	Joint/Group cable line) by one erson y more than ng Person	1	
		IVATIVE SECURITIES				 FICIALLY OWNED
1. Title of Secur (Instr. 3)	action tion Date Code (Instr. 8) (Month/ Day/ Year) Code V	End o (Inst  Amount (A) or Pri  (D)	cquired (A) curities cially Own f Month r. 3 and 4)	5. Amour Benefi- and at For Direct (D) or	nt of Se- 6. Owner- ship of In- rm: direct Benefi- cial Owner- ship	
Common Stock			53,864	D		

<sup>\*</sup>If the Form is filed by more than one Reporting Person, see Instruction 4(b)(v).

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly. (Over) (Print or Type Response) (8/96)</TABLE> <TABLE> <CAPTION> TABLE II -- DERIVATIVE SECURITIES ACQUIRED, DISPOSED OF, OR BENEFICIALLY OWNED FORM 4 (CONTINUED) (E.G., PUTS, CALLS, WARRANTS, OPTIONS, CONVERTIBLE SECURITIES) <S><C> <C> <C> <C> <C> <C> <C> 1. Title of Derivative 2. Conver- 3. Trans- 4. Trans- 5. Number of 6. Date Exer- 7. Title and Amount 8. Price sion or action action Derivative cisable and of Underlying Security of (Instr. 3) Exercise Date Code Expiration Deriv-Securities Securities (Instr. 3 and 4) Price of (Month/ (Instr. Acquired (A) Date ative Derivor Disposed (Month/Day/ Day/ Securative of (D) ity Year) Year) Security (Instr. 3, (Instr. 5) 4, and 5) Date Expira-Amount or ----- Exer- tion Title Number of Code V (A) (D) cisable Date Shares Stock Option (01) 11.20 9/24/98 A V 7,905 (02) 10/31/01 Common Stock 7,905 A V 18,140 11.50 9/24/98 (03) 1/31/06 Common Stock 18,140 N/A Stock Option (01) 8.00 9/24/98 A V 18,751 Stock Option (01) (04) 1/31/07 Common Stock 18,751 <CAPTION> <S><C> <C> <C> 9. Number of 10. Ownership 1. Title of Derivative 11. Nature of Security Derivative Form of Indirect (Instr. 3) Derivative Beneficial Securities Beneficially Security: Ownership Owned at End Direct (D) (Instr. 4) of Month or Indirect (I) (Instr. 4) (Instr. 4) Stock Option (01) 7,905 D N/A Stock Option (01) 18,140 D N/A Stock Option (01) 18,751 D N/A

Explanation of Responses:

<sup>(01)</sup> Common stock option (right to buy) awarded under the Issuer's Stock Option and Incentive Plan as adjusted in connection with the distribution by the Issuer of all of the common stock of Landair Corporation on 09/23/98.

<sup>(02)</sup> Immediately.

<sup>(03) 5,640</sup> options are exercisable immediately and the remaining 12,500 vest annually in 1/2 increments beginning 02/23/99.

(04) 4,688 options are exercisable immediately and the remaining 14,063 vest annually in 1/3 increments beginning 02/07/99.

\*\*Intentional misstatements or omissions of facts constitute Federal Criminal Violations. /s/ Bruce A. Campbell 10/6/98 See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

\*\*Signature of Reporting Person Date

Note. File three copies of this form, one of which must be manually signed. If space provided is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of informations contained in this form are not required to respond unless the form displays a currently valid OMB Number.

Page 2

</TABLE>