UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549
FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): July 29, 2021

FORWARD AIR CORPORATION

(Exact name of registrant as specified in its charter)

			TN		62-1120025
		or other jurisdiction			(I.R.S. Employer Identification No.)
1915 Snapps Ferr		Building N ress of principal exe	Greeneville	TN	37745 (Zip Code)
	(Auc	ress or principal exe	,		(Zip Code)
				00-22490	<u> </u>
			·	sion File Number)	
		Registrant's	s telephone number	, including area co	de: (423) 636-7000
			Not	Applicable	
		(For	rmer name or former a	ddress, if changed sin	ce last report)
following provisions: Written communications	s pursuan	t to Rule 425 und	er the Securities Ac	et (17 CFR 230.425	
following provisions:	s pursuan ant to Ru municati	t to Rule 425 und le 14a-12 under t ons pursuant to R	er the Securities Adhe Exchange Act (tule 14d-2(b) under	et (17 CFR 230.425 17 CFR 240.14a-12 the Exchange Act	(1) (2) (17 CFR 240.14d-2(b))
following provisions: ☐ Written communications ☐ Soliciting material pursu ☐ Pre-commencement con	s pursuan tant to Ru nmunicati	t to Rule 425 und lle 14a-12 under t ons pursuant to R ons pursuant to R	er the Securities Ac he Exchange Act (Jule 14d-2(b) under Jule 13e-4(c) under	et (17 CFR 230.425 17 CFR 240.14a-12 the Exchange Act	(1) (2) (17 CFR 240.14d-2(b))
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Following provisions: Written communications Soliciting material pursu Pre-commencement con Pre-commencement con Securities registered pursua Commo	s pursuant to Rumunication and to Securite of each stock, \$ acther the Securi	t to Rule 425 und lle 14a-12 under tons pursuant to Rons pursuant to Rons pursuant to Rotion 12(b) of the Abeliass 0.01 par value registrant is an e	er the Securities Ache Exchange Act (cule 14d-2(b) under cule 13e-4(c) under Act: Tradi	et (17 CFR 230.425 17 CFR 240.14a-12 the Exchange Act the Exchange Act mg Symbol(s) FWRD	(17 CFR 240.14d-2(b)) (17 CFR 240.13e-4(c)) Name of each exchange on which registered NASDAQ in Rule 405 of the Securities Act of 1933 (§230.405 of the securities)

SECTION 2. FINANCIAL INFORMATION.

Item 2.02. Results of Operations and Financial Condition.

Attached as Exhibit 99.1 and incorporated herein by reference is a copy of a press release, dated July 29, 2021, announcing the financial results of Forward Air Corporation for the three and six months ended June 30, 2021.

The information in this Item 2.02, including Exhibit 99.1 attached hereto, shall not be deemed "filed" for purposes of Section 18 of the Securities Exchange Act of 1934, as amended, nor shall it be deemed incorporated by reference in any filing under the Securities Act of 1933, as amended, except as shall be expressly set forth by specific reference in such filing.

SECTION 8. OTHER EVENTS.

Item 8.01. Other Events.

The Company's Board of Directors has declared a quarterly cash dividend of \$0.21 per share of common stock. The dividend is payable to the Company's shareholders of record at the close of business on August 20, 2021, and is expected to be paid on September 9, 2021.

SECTION 9. FINANCIAL STATEMENTS AND EXHIBITS.

Item 9.01. Financial Statements and Exhibits.

(d) Exhibits. The following exhibits are being furnished as part of this Report.

No.	Exhibit
99.1	Press Release of Forward Air Corporation, dated July 29, 2021
104	Cover Page Interactive File (the cover page tags are embedded within the Inline XBRL document)

SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Date: July 29, 2021

FORWARD AIR CORPORATION

By: /s/ Thomas Schmitt

Thomas Schmitt President and Chief Executive Officer



NEWS RELEASE

FORWARD AIR CORPORATION REPORTS SECOND QUARTER 2021 RESULTS

Reports highest ever monthly net income in the month of June

Reports highest revenue and operating income for a quarter

Guides record third quarter revenue and net income per diluted share

GREENEVILLE, Tenn.- (BUSINESS WIRE) - July 29, 2021 - Forward Air Corporation (NASDAQ:FWRD) (the "Company", "we", "our", or "us") today reported financial results for the three and six months ended June 30, 2021 as presented in the tables below on a continuing operations basis (Pool Distribution was previously reported as a discontinued operation).

Tom Schmitt, Chairman, President and CEO, commenting on second quarter results from continuing operations said, "Business momentum continued during the quarter culminating in the highest net income for the month of June. Our focus on our two rock star segments, Expedited Freight and Intermodal, as well as solid revenue management, drove our second quarter revenue, which exceeded the high end of our guidance range. Surgical collaboration with customers on selecting, handling, and pricing freight led to the highest operating income for a quarter. Net income per diluted share of \$1.11 exceeded the high end of our \$0.96 to \$1.00 guidance range. I am very encouraged that in our second quarter we are better than in pre-pandemic 2019's second quarter: better consolidated operating margins now. And bigger - our operating revenues are up almost 40% year-over-year. Additionally, we are working to bring back our customer's events business in late 2021 and 2022."

Mr. Schmitt continued, "We expect volumes in the third quarter 2021 to significantly exceed volumes for the same period of 2020. Through July, our volumes were strong year-over-year. We are guiding to a record third quarter revenue and net income per diluted share despite the impact of an investment in operational enhancements and to a lesser extent the typical slowdown in volumes in the third quarter as compared to the second quarter."

In closing, Mr. Schmitt said, "In the second quarter, we achieved the highest revenue and operating income for a quarter in the history of the Company. I would like to thank all of our teammates for their hard work in helping to achieve this important milestone."

Regarding the Company's third quarter 2021 continuing operations guidance, Rebecca J. Garbrick, CFO, said, "We expect our year-over-year revenue growth will be 28% to 32%, and our net income per diluted share to be between \$1.03 to \$1.07, compared to \$0.61 in the third quarter of 2020. The net income per diluted share outlook reflects a \$0.03 per share impact from professional fees related to an operational improvement project (which will be recorded in Expedited Freight)."

Continuing Operations	Three Months Ended										
(in thousands, except per share data)		June 30, 2021		June 30, 2020 ¹		Change	Percent Change				
Operating revenue	\$	420,671	\$	281,678	\$	138,993	49.3 %				
Income from operations	\$	42,124	\$	13,914	\$	28,210	202.7%				
Operating margin		10.0 %		4.9 %		510 bps					
Net income	\$	30,677	\$	9,225	\$	21,452	232.5 %				
Net income per diluted share	\$	1.11	\$	0.33	\$	0.78	236.4 %				
Cash provided by operating activities	\$	22,748	\$	29,101	\$	(6,353)	(21.8)%				
Non-GAAP Financial Measures: ²											
EBITDA	\$	51,538	\$	23,327	\$	28,211	120.9 %				
Free cash flow	\$	17,517	\$	17,806	\$	(289)	(1.6)%				

¹ Results for the three months ended June 30, 2020 include several non-recurring items including a \$2.1 million gain from changes in fair value on an earn-out due to the timing of expected new business wins, partially offset by \$1.0 million of severance and \$0.7 million in reserves for customers negatively impacted by COVID-19.

² EBITDA and free cash flow are non-GAAP financial measures and reconciliations of these non-GAAP financial measures are provided in the below financial tables.

Continuing Operations	Six Months Ended										
(in thousands, except per share data)		June 30, 2021 ¹		June 30, 2020 ²		Change	Percent Change				
Operating revenue	\$	782,873	\$	587,235	\$	195,638	33.3 %				
Income from operations	\$	64,848	\$	29,687	\$	35,161	118.4 %				
Operating margin		8.3 %		5.1 %		320 bps					
Net income	\$	47,391	\$	20,641	\$	26,750	129.6 %				
Net income per diluted share	\$	1.71	\$	0.72	\$	0.99	137.5 %				
Cash provided by operating activities	\$	39,661	\$	59,929	\$	(20,268)	(33.8)%				
Non-GAAP Financial Measures: ³											
EBITDA	\$	83,499	\$	48,434	\$	35,065	72.4 %				
Free cash flow	\$	32,400	\$	46,703	\$	(14,303)	(30.6)%				

¹ Results for the six months ended June 30, 2021 includes a \$7.0 million charge for professional fees related to cyber security and shareholder engagement activities.

On July 27, 2021, our Board of Directors declared a quarterly cash dividend of \$0.21 per share of common stock. The dividend is payable to shareholders of record at the close of business on August 20, 2021 and is expected to be paid on September 9, 2021. This quarterly dividend is made pursuant to a cash dividend policy approved by the Board of Directors, which anticipates a total annual dividend of \$0.84 for the full year 2021, payable in quarterly increments of \$0.21 per share of common stock. The actual declaration of future cash dividends, and the establishment of record and payment dates, is subject to final determination by the Board of Directors each quarter after its review of the Company's financial performance and position.

The Board approved a strategy to divest the Pool Distribution business ("Pool") on April 23, 2020, and the sale of Pool was completed on February 12, 2021. Accordingly, the results of operations and cash flows for Pool have been presented as a discontinued operation and have been excluded from continuing operations in this release for all

² Results for the six months ended June 30, 2020 include several non-recurring items including a \$2.7 million gain from changes in fair value on an earn-out due to the timing of expected new business wins, partially offset by \$1.0 million of severance and \$0.7 million in reserves for customers negatively impacted by COVID-19.

³ EBITDA and free cash flow are non-GAAP financial measures and reconciliations of these non-GAAP financial measures are provided in the below financial tables.

periods presented. In addition, Pool assets and liabilities were reflected as "held for sale" on the Condensed Consolidated Balance Sheets in this press release for the prior period.

Review of Financial Results

Forward Air will hold a conference call to discuss second quarter 2021 results on Friday, July 30, 2021 at 9:00 a.m. EDT. The Company's conference call will be available online on the Investor Relations portion of the Company's website at www.forwardaircorp.com, or by dialing (844) 867-6169, Access Code: 1588037.

A replay of the conference call will be available on the Investor Relations portion of the Company's website at www.forwardaircorp.com, which we use as a primary mechanism to communicate with our investors. Investors are urged to monitor the Investors Relations portion of the Company's website to easily find or navigate to current and pertinent information about us.

About Forward Air Corporation

Forward Air is a leading asset-light freight and logistics company that provides services across the United States and Canada. We provide expedited less-than-truckload ("LTL") services, including local pick-up and delivery, shipment consolidation/deconsolidation, warehousing, and customs brokerage by utilizing a comprehensive national network of terminals; final mile services, including delivery of heavy-bulky freight; truckload brokerage services, including dedicated fleet services, high-security and temperature-controlled logistics services; intermodal first-and last-mile high-value drayage services both to and from seaports and railheads, dedicated contract and Container Freight Station warehouse and handling services; and pool distribution services, including high-frequency handling and distribution of time sensitive product to numerous destinations within a specific geographic region. For more information, visit our website at www.forwardaircorp.com.

Forward Air Corporation Condensed Consolidated Statements of Comprehensive Income (Unaudited, in thousands, except per share data)

	Three Months Ended			Six Mont	ths Ended		
		June 30, 2021		June 30, 2020	June 30, 2021		June 30, 2020
Operating revenue:							
Expedited Freight	\$	351,735	\$	235,658	\$ 655,921	\$	489,287
Intermodal		69,133		46,428	127,647		98,888
Eliminations and other operations		(197)		(408)	 (695)		(940)
Operating revenue		420,671		281,678	782,873		587,235
Operating expenses:							
Purchased transportation		215,217		142,069	399,825		292,667
Salaries, wages and employee benefits		84,641		63,772	159,538		133,331
Operating leases		20,370		17,387	39,537		35,271
Depreciation and amortization		9,414		9,413	18,651		18,747
Insurance and claims		10,891		7,722	20,632		17,766
Fuel expense		4,059		2,519	7,761		6,532
Other operating expenses		33,955		24,882	 72,081		53,234
Total operating expenses		378,547		267,764	 718,025		557,548
Income (loss) from continuing operations:							
Expedited Freight		34,688		11,753	59,218		26,933
Intermodal		8,386		4,413	12,895		8,126
Other Operations		(950)		(2,252)	 (7,265)		(5,372)
Income from continuing operations		42,124		13,914	64,848		29,687
Other expense:							
Interest expense		(1,323)		(1,198)	 (2,488)		(2,051)
Total other expense		(1,323)		(1,198)	 (2,488)		(2,051)
Income before income taxes		40,801		12,716	62,360		27,636
Income tax expense		10,124		3,491	14,969		6,995
Net income from continuing operations		30,677		9,225	47,391		20,641
Loss from discontinued operation, net of tax				(6,071)	(5,533)		(9,112)
Net income and comprehensive income	\$	30,677	\$	3,154	\$ 41,858	\$	11,529
Net income per share:							
Basic net income (loss) per share							
Continuing operations	\$	1.12	\$	0.33	\$ 1.72	\$	0.72
Discontinued operation				(0.22)	(0.20)		(0.31)
Net income per share	\$	1.12	\$	0.11	\$ 1.52	\$	0.41
Diluted net income (loss) per share							
Continuing operations	\$	1.11	\$	0.33	\$ 1.71	\$	0.72
Discontinued operation		_		(0.22)	(0.20)		(0.32)
Net income per share	\$	1.11	\$	0.11	\$ 1.51	\$	0.40
Dividends per share	\$	0.21	\$	0.18	\$ 0.42	\$	0.36

Expedited Freight Segment Information (In thousands) (Unaudited)

Three Months Ended

	Three Months Ended							
	June 30, 2021	Percent of Revenue		June 30, 2020	Percent of Revenue		Change	Percent Change
Operating revenue:								
Network ¹	\$ 210,088	59.7 %	\$	134,172	56.9 %	\$	75,916	56.6 %
Truckload	56,968	16.2		41,855	17.8		15,113	36.1
Final Mile	69,883	19.9		53,427	22.7		16,456	30.8
Other	14,796	4.2		6,204	2.6		8,592	138.5
Total operating revenue	 351,735	100.0		235,658	100.0		116,077	49.3
Operating expenses:								
Purchased transportation	191,648	54.5		127,478	54.1		64,170	50.3
Salaries, wages and employee benefits	67,560	19.2		50,508	21.4		17,052	33.8
Operating leases	14,868	4.2		13,338	5.7		1,530	11.5
Depreciation and amortization	6,779	1.9		6,740	2.9		39	0.6
Insurance and claims	8,385	2.4		5,715	2.4		2,670	46.7
Fuel expense	2,147	0.6		1,406	0.6		741	52.7
Other operating expenses	25,660	7.3		18,720	7.9		6,940	37.1
Total operating expenses	317,047	90.1		223,905	95.0		93,142	41.6
Income from operations	\$ 34,688	9.9 %	\$	11,753	5.0 %	\$	22,935	195.1 %

¹Network revenue is comprised of all revenue, including linehaul, pickup and/or delivery, and fuel surcharge revenue, excluding accessorial, Truckload and Final Mile revenue.

Expedited Freight Operating Statistics

	 Three Months Ended					
	June 30, 2021		June 30, 2020	Percent Change		
Business days	64		64	%		
Tonnage 1,2						
Total pounds	728,191		522,031	39.5		
Pounds per day	11,378		8,157	39.5		
Shipments 1,2						
Total shipments	1,096		963	13.8		
Shipments per day	17.1		15.0	14.0		
Weight per shipment	664		542	22.5		
Revenue per hundredweight ³	\$ 28.63	\$	26.32	8.8		
Revenue per hundredweight, ex fuel ³	\$ 24.68	\$	23.09	6.9		
Revenue per shipment ³	\$ 191.89	\$	139.30	37.8		
Revenue per shipment, ex fuel ³	\$ 165.62	\$	121.77	36.0		
Network revenue from door-to-door shipments as a			40.004	• 0		
percentage of network revenue 3,4	51.3 %		49.9 %	2.8		

¹ In thousands

 $^{^{\}rm 2}$ Excludes accessorial, Truckload and Final Mile products

 $^{^{\}rm 3}$ Includes intercompany revenue between the Network and Truckload revenue streams

⁴ Door-to-door shipments include all shipments with a pickup and/or delivery

Intermodal Segment Information (In thousands) (Unaudited)

Three Months Ended June 30, 2021 Percent of June 30, 2020 Percent of Percent Change Change Revenue Revenue Operating revenue 69,133 100.0 % \$ 46,428 100.0 % \$ 22,705 48.9 % Operating expenses: Purchased transportation 23,767 34.4 14,904 32.1 8,863 59.5 Salaries, wages and employee benefits 16,230 23.5 11,728 25.3 4,502 38.4 Operating leases 5,500 8.0 4,045 8.7 1,455 36.0 Depreciation and amortization 3.8 2,612 2,648 5.7 (36) (1.4)Insurance and claims 2,355 1,789 3.9 31.6 3.4 566 2.8 799 Fuel expense 1,912 1,113 2.4 71.8 12.1 5,788 12.5 2,583 44.6 Other operating expenses 8,371 60,747 87.9 42,015 90.5 18,732 44.6 Total operating expenses 8,386 12.1 % 4,413 9.5 % 3,973 90.0~%Income from operations

Intermodal Operating Statistics	
intel indual Operating Statistics	

	 Three Months Ended						
	 June 30, 2021		June 30, 2020	Percent Change			
Drayage shipments	96,805		68,974	40.3 %			
Drayage revenue per shipment	\$ 618	\$	556	11.2 %			
Number of locations	29		24	20.8 %			

Forward Air Corporation Condensed Consolidated Balance Sheets (In thousands) (Unaudited)

	June 30, 2021	Γ	December 31, 2020	
Assets				
Current assets:				
Cash and cash equivalents	\$ 50,844	\$	40,254	
Accounts receivable, net	209,187		156,490	
Other receivables	16,999		_	
Other current assets	19,982		28,150	
Current assets held for sale	_		21,002	
Total current assets	 297,012		245,896	
Property and equipment	383,155		380,519	
Less accumulated depreciation and amortization	 196,168		190,652	
Total property and equipment, net	186,987		189,867	
Operating lease right-of-use assets	148,651		123,338	
Goodwill	254,993		244,982	
Other acquired intangibles, net of accumulated amortization	145,813		145,032	
Other assets	48,385		45,181	
Noncurrent assets held for sale	 _		53,097	
Total assets	\$ 1,081,841	\$	1,047,393	
Liabilities and Shareholders' Equity				
Current liabilities:				
Accounts payable	\$ 43,655	\$	38,371	
Accrued expenses	70,894		51,264	
Other current liabilities	6,813		10,580	
Current portion of debt and finance lease obligations	1,867		1,801	
Current portion of operating lease liabilities	46,042		43,680	
Current liabilities held for sale	 		25,924	
Total current liabilities	169,271		171,620	
Debt and finance lease obligations, less current portion	161,729		117,408	
Operating lease liabilities, less current portion	103,280		80,346	
Other long-term liabilities	55,741		54,129	
Deferred income taxes	41,471		41,986	
Noncurrent liabilities held for sale	_		34,575	
Shareholders' equity:				
Common stock	271		273	
Additional paid-in capital	252,466		242,916	
Retained earnings	 297,612		304,140	
Total shareholders' equity	 550,349		547,329	
Total liabilities and shareholders' equity	\$ 1,081,841	\$	1,047,393	

Forward Air Corporation Condensed Consolidated Statements of Cash Flows (In thousands) (Unaudited)

	Three Months Ended			
		June 30, 2021		June 30, 2020
Operating activities:				
Net income from continuing operations	\$	30,677	\$	9,225
Adjustments to reconcile net income of continuing operations to net cash provided by operating activities of continuing operations				
Depreciation and amortization		9,414		9,413
Change in fair value of earn-out liability		(337)		(2,108)
Share-based compensation expense		2,981		2,429
Provision for revenue adjustments		1,748		745
Deferred income tax (benefit) expense		(67)		3,443
Other		97		962
Changes in operating assets and liabilities, net of effects from the purchase of acquired businesses:				
Accounts receivable		(22,995)		(61)
Other receivables		(152)		_
Other current and noncurrent assets		(339)		(2,455)
Accounts payable and accrued expenses		1,721		7,508
Net cash provided by operating activities of continuing operations		22,748		29,101
Investing activities:				
Proceeds from sale of property and equipment		649		268
Purchases of property and equipment		(5,880)		(11,563)
Purchases of a business, net of cash acquired		(7,543)		(11,505)
Net cash used in investing activities of continuing operations		(12,774)		(11,295)
Financing activities:		(,,,,,)		(,,-)
Repayments of finance lease obligations		(487)		(340)
Proceeds from revolving credit facility		45,000		(5.13)
Payment of earn-out liability		_		(5,284)
Proceeds from issuance of common stock upon stock option exercises		1,423		(=,==+)
Payments of dividends to stockholders		(5,768)		(5,037)
Repurchases of common stock		(23,994)		_
Proceeds from common stock issued under employee stock purchase plan		388		294
Payment of minimum tax withholdings on share-based awards		(88)		(614)
Contributions from (distributions to) subsidiary held for sale		_		(3,154)
Net cash provided by (used in) financing activities from continuing operations		16,474		(14,135)
Net increase in cash of continuing operations		26,448		3,671
Cash from discontinued operation:				
Net cash used in operating activities of discontinued operation		_		(3,010)
Net cash provided by (used in) investing activities of discontinued operation		_		(144)
Net cash (used in) provided by financing activities of discontinued operation		_		3,154
Net increase in cash and cash equivalents		26,448		3,671
Cash and cash equivalents at beginning of period of continuing operations		24,396		77,245
Cash at beginning of period of discontinued operation				
Net increase in cash and cash equivalents		26,448		3,671
Less: cash at end of period of discontinued operation				
Cash and cash equivalents at end of period of continuing operations	\$	50,844	\$	80,916

Forward Air Corporation Condensed Consolidated Statements of Cash Flows (In thousands) (Unaudited)

		Six Months Ended			
		June 30, 2021		June 30, 2020	
Operating activities:					
Net income from continuing operations	\$	47,391	\$	20,641	
Adjustments to reconcile net income of continuing operations to net cash provided by operating activities of continuing operations					
Depreciation and amortization		18,651		18,747	
Change in fair value of earn-out liability		(385)		(2,702)	
Share-based compensation expense		5,578		5,507	
Provision for revenue adjustments		3,525		1,787	
Deferred income tax (benefit) expense		(572)		4,668	
Other		189		697	
Changes in operating assets and liabilities, net of effects from the purchase of acquired businesses:					
Accounts receivable		(51,018)		2,979	
Other receivables		(13,491)		_	
Other current and noncurrent assets		6,746		(29)	
Accounts payable and accrued expenses		23,047		7,634	
Net cash provided by operating activities of continuing operations		39,661		59,929	
Investing activities:					
Proceeds from sale of property and equipment		1,314		988	
Purchases of property and equipment		(8,575)		(14,214	
Purchase of a business, net of cash acquired		(22,543)		(55,931	
Net cash used in investing activities of continuing operations		(29,804)		(69,157)	
Financing activities:					
Repayments of finance lease obligations		(954)		(676)	
Proceeds from revolving credit facility		45,000		65,000	
Payment of earn-out liability		_		(5,284)	
Proceeds from issuance of common stock upon stock option exercises		3,570		_	
Payments of dividends to stockholders		(11,565)		(10,087	
Repurchases of common stock		(33,992)		(15,259	
Proceeds from common stock issued under employee stock purchase plan		388		294	
Payment of minimum tax withholdings on share-based awards		(2,832)		(3,286)	
Contributions from (distributions to) subsidiary held for sale		1,118		(5,307)	
Net cash provided by financing activities from continuing operations		733		25,395	
Net increase in cash and cash equivalents of continuing operations		10,590		16,167	
Cash from discontinued operation:					
Net cash used in operating activities of discontinued operation		(6,902)		(4,672)	
Net cash provided by (used in) investing activities of discontinued operation		8,020		(635)	
Net cash (used in) provided by financing activities of discontinued operation		(1,118)		5,307	
Net increase in cash and cash equivalents		10,590		16,167	
Cash and cash equivalents at beginning of period of continuing operations		40,254		64,749	
Cash at beginning of period of discontinued operation		_		_	
Net increase in cash and cash equivalents		10,590		16,167	
Less: cash at end of period of discontinued operation	_		_		
Cash and cash equivalents at end of period of continuing operations	\$	50,844	\$	80,916	

Forward Air Corporation Reconciliation of Non-GAAP Financial Measures

In this press release, the Company uses non-GAAP financial measures that are derived on the basis of methodologies other than in accordance with GAAP. The Company believes that meaningful analysis of its financial performance requires an understanding of the factors underlying that performance, including an understanding of items that are non-operational. Management uses these non-GAAP financial measures in making financial, operating, compensation and planning decisions as well as evaluating the Company's performance.

For the three and six months ended June 30, 2021 and 2020, this press release contains the following non-GAAP financial measures: earnings before interest, taxes, depreciation and amortization ("EBITDA") and free cash flow. All non-GAAP financial measures are presented on a continuing operations basis.

The Company believes that EBITDA from continuing operations improves comparability from period to period by removing the impact of its capital structure (interest and financing expenses), asset base (depreciation and amortization) and tax impacts. The Company believes that free cash flow from continuing operations is an important measure of its ability to repay maturing debt or fund other uses of capital that it believes will enhance stockholder value.

Non-GAAP financial measures should be viewed in addition to, and not as an alternative for, the Company's financial results prepared in accordance with GAAP. Non-GAAP financial information does not represent a comprehensive basis of accounting. As required by the Securities and Exchange Act of 1933 and the rules and regulations promulgated thereunder, the Company has included, for the periods indicated, a reconciliation of the non-GAAP financial measure to the most directly comparable GAAP financial measure.

The following is a reconciliation of net income from continuing operations to EBITDA from continuing operations for the three and six months ended June 30, 2021 and 2020 (in thousands):

Three Months Ended			nded	Six Months Ended				
Continuing Operations	Continuing Operations Ju-		June 30, 2020		June 30, 2021		June 30, 2020	
Net income	\$	30,677	\$	9,225	\$	47,391	\$	20,641
Interest expense		1,323		1,198		2,488		2,051
Income tax expense		10,124		3,491		14,969		6,995
Depreciation and amortization		9,414		9,413		18,651		18,747
EBITDA	\$	51,538	\$	23,327	\$	83,499	\$	48,434

The following is a reconciliation of net cash provided by operating activities of continuing operations to free cash flow from continuing operations for the three and six months ended June 30, 2021 and 2020 (in thousands):

	Three Months Ended				Six Months Ended			
Continuing Operations	June 30, 2021		June 30, 2020		June 30, 2021		June 30, 2020	
Net cash provided by operating activities	\$	22,748	\$	29,101	\$	39,661	\$	59,929
Proceeds from sale of property and equipment		649		268		1,314		988
Purchases of property and equipment		(5,880)		(11,563)		(8,575)		(14,214)
Free cash flow	\$	17,517	\$	17,806	\$	32,400	\$	46,703

The following information is provided to supplement this press release.

	Three Months Ended			
Actual - Continuing Operations		June 30, 2021		
Net income from continuing operations	\$	30,677		
Income allocated to participating securities		(256)		
Numerator for diluted income per share - net income	\$	30,421		
Weighted-average shares outstanding - diluted		27,415		
Diluted net income per share	\$	1.11		
Projected	Full year 2021			
Projected tax rate - continuing operations		24.8 %		
Projected purchases of property and equipment, net of proceeds from sale of property and equipment ¹	\$	43,000		
¹ Includes \$23,500 for the Columbus, Ohio hub expansion				
Projected	December 31, 2021			
Projected weighted-average shares outstanding - diluted		26,800		

Note Regarding Forward-Looking Statements

This press release contains "forward-looking statements" within the meaning of the safe harbor provisions of the U.S. Private Securities Litigation Reform Act of 1995. Forward-looking statements can be identified by words such as: "anticipate," "intend," "plan," "goal," "seek," "believe," "project," "estimate," "expect," "strategy," "future," "likely," "may," "should," "will" and similar references to future periods. Forward-looking statements included in this press release relate to expected third quarter 2021 revenue growth, net income per diluted share and volume, expectations regarding increased momentum in our business, and the future declaration of dividends.

Forward-looking statements are neither historical facts nor assurances of future performance. Instead, they are based only on our current beliefs, expectations and assumptions regarding the future of our business, future plans and strategies, projections, anticipated events and trends, the economy and other future conditions. Because forward-looking statements relate to the future, they are subject to inherent uncertainties, risks and changes in circumstances that are difficult to predict and many of which are outside of our control. Our actual results and financial condition may differ materially from those indicated in the forward-looking statements. Therefore, you should not rely on any of these forward-looking statements. The following is a list of factors, among others, that could cause actual results to differ materially from those contemplated by the forward-looking statements: economic factors such as recessions, inflation, higher interest rates and downturns in customer business cycles, the COVID-19 pandemic, our ability to manage our growth and ability to grow, in part, through acquisitions, while being able to successfully integrate such acquisitions, our ability to secure terminal facilities in desirable locations at reasonable rates, more limited liquidity than expected which limits our ability to make key investments, the creditworthiness of our customers and their ability to pay for services rendered, our inability to maintain our historical growth rate because of a decreased volume of freight or decreased average revenue per pound of freight moving through our network, the availability and compensation of qualified Leased Capacity Providers and freight handlers as well as contracted, third-party carriers needed to serve our customers' transportation needs, our inability to manage our information systems and inability of our information systems to handle an increased volume of freight moving through our network, the occurrence of cybersecurity risks and events, market acceptance of our service offerings, claims for property damage, personal injuries or workers' compensation, enforcement of and changes in governmental regulations, environmental, tax, insurance and accounting matters, the handling of hazardous materials, changes in fuel prices, loss of a major customer, increasing competition and pricing pressure, our dependence on our senior management team and the potential effects of changes in employee status, seasonal trends, the occurrence of certain weather events, restrictions in our charter and bylaws and the risks described in our Annual Report on Form 10-K for the year ended December 31, 2020.

Any forward-looking statement made by us in this press release is based only on information currently available to us and speaks only as of the date on which it is made. We undertake no obligation to publicly update any forward-looking statement, whether written or oral, that may be made from time to time, whether as a result of new information, future developments or otherwise.

SOURCE: Forward Air Corporation

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