# FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APP	ROVAL
OMB Number:	3235-0287
Estimated average	ge burden
hours per respor	ise 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	23)											
1. Name and Address of Reporting Person * Hance Michael L			2. Issuer Name and Ticker or Trading Symbol FORWARD AIR CORP [FWRD]				5	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  Director X Officer (give title below) Other (specify below) Senior VP, CLO and Secretary					
(Last) (First) (Middle) 1915 SNAPPS FERRY ROAD, BUILDING N			3. Date of Earliest Transaction (Month/Day/Year) 02/08/2019										
(Street) GREENEVILLE, TN 37745			4. If Amendment, Date Original Filed(Month/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City		(State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned									
1.Title of S (Instr. 3)	Security	1	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Code (Instr. 8)	(A) (D)	curities Acq or Disposed of r. 3, 4 and 5)	of []	1 5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)  6. Ownership Form: Direct (D)		Nature f Indirect Beneficial Ownership Instr. 4)		
					Code	V Amo	unt (Ď)	Price				(Instr. 4)	
Common	Stock	(	02/08/2019		F(1)	197	D	\$ 0	28,561.0	)953		D	
Reminder: indirectly.	Report on a	separate line for	each class of secu	urities beneficially o		Persons	who respoi						CC 1474 (9- 02)
	Report on a	separate line for	Table II - D	Derivative Securition	es Acquire	Persons contained the form	l in this for displays a	m are currer eficiall	not req	uired to re d OMB cor	spond unl	ess	,
1. Title of Derivative Security	2. Conversion	3. Transaction	Table II - D (e  3A. Deemed Execution Da ear) any	Derivative Securities, g., puts, calls, was 4. Transaction Code Year) (Instr. 8)	es Acquire rrants, opt 5. Number	Persons contained the form d, Dispose tions, conv	I in this for displays and of, or Ben ertible secur tercisable ation Date	eficiallities) 7. Tir Amo Unde	not req	uired to red OMB cor	spond unl	of 10. Ownersh Form of Derivatii Security Direct (I or Indire	11. Naturi of Indirec Beneficia Ownersh (Instr. 4)

### **Reporting Owners**

D (1 0 N (411	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
Hance Michael L 1915 SNAPPS FERRY ROAD BUILDING N GREENEVILLE, TN 37745			Senior VP, CLO and Secretary			

## **Signatures**

/s/ Michael L. Hance	02/12/2019
**Signature of Reporting Person	Date

### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Restricted stock withheld by Issuer to satisfy minimum tax withholding obligation on vesting of restricted stock.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.