## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

## FORM 8-K

#### **CURRENT REPORT**

# Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): January 12, 2018

### FORWARD AIR CORPORATION

(Exact name of registrant as specified in its charter)

Tennessee	000-22490	62-1120025
(State or other		
jurisdiction of	(Commission File	(I.R.S. Employer
incorporation)	Number)	Identification No.)
1915 Snapps Ferry Road Greeneville, Teni	, Building N	
1915 Snapps Ferry Road Greeneville, Teni	, Building N nessee	37745
1915 Snapps Ferry Road	, Building N nessee	,

Not Applicable

(Former name or former address, if changed since last report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

□ Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)

□ Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)

□ Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))

□ Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Indicate by check mark whether the registrant is an emerging growth company as defined in Rule 405 of the Securities Act of 1933 (§230.405 of this chapter) or Rule 12b-2 of the Securities Exchange Act of 1934 (§240.12b-2 of this chapter).

Emerging growth company  $\Box$ 

If an emerging growth company, indicate by check mark if the registrant has elected not to use the extended transition period for complying with any new or revised financial accounting standards provided pursuant to Section 13(a) of the Exchange Act.  $\Box$ 

#### SECTION 5. CORPORATE GOVERNANCE AND MANAGEMENT.

## Item 5.02. Departure of Directors or Certain Officers; Election of Directors; Appointment of Certain Officers; Compensatory Arrangements of Certain Officers.

On January 12, 2018, the Board of Directors (the "Board") of Forward Air Corporation (the "Company") elected Valerie A. Bonebrake to serve as a member of the Board. Ms. Bonebrake will serve until the next annual meeting of the Company's shareholders.

Ms. Bonebrake currently serves as a Senior Vice President of Tompkins International and has more than 25 years of industry experience in logistics services. In her role at Tompkins, she has worked with an array of companies and industries in North America and across the globe. Prior to joining Tompkins in 2009, she was the Executive Vice President and a cofounder of the YRC Worldwide subsidiary, Meridian IQ (now MIQ Logistics), a global third party logistics company. Ms. Bonebrake spent 19 years at Ryder System, Inc., in various leadership roles of increasing responsibility in the company's supply chain solutions segment. She also has been recognized by Ingram Magazine as one of the Top Ten Female Executives in Kansas, and was a 2010 recipient of Supply & Demand Chain Executive's Pros to Know award. Valerie holds a M.S. in International Logistics from the Georgia Institute of Technology.

In connection with her appointment to the Board and pursuant to the Company's Amended and Restated Non-Employee Director Stock Plan, the Company will grant Ms. Bonebrake 562 restricted shares that will vest on the earlier of: (i) the day immediately prior to the first annual meeting of the Company's shareholders that occurs after the grant date or (ii) January 12, 2019.

There are no arrangements or understandings between Ms. Bonebrake and any other persons pursuant to which she was selected as a director. There have been no transactions since the beginning of the Company's last fiscal year, or any currently proposed transaction, in which the Company was or is to be a participant, in which the amount involved exceeds \$120,000, and in which Ms. Bonebrake has, or will have, a direct or indirect material interest. Ms. Bonebrake does not have any family relationship with any director, executive officer or person nominated or chosen by the Company to become a director or an executive officer. The Board has determined that Ms. Bonebrake is an independent director under applicable Nasdaq rules.

#### SECTION 9. FINANCIAL STATEMENTS AND EXHIBITS.

#### Item 9.01. Financial Statements and Exhibits.

(d) Exhibits. The following exhibits are being furnished as part of this Report.

No.	Exhibit
99.1	Press Release of Forward Air Corporation dated January 12, 2018

### SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Date: January 12, 2018

FORWARD AIR CORPORATION

By: /s/ Michael J. Morris Michael J. Morris Chief Financial Officer, Senior Vice President and Treasurer

## EXHIBIT INDEX

No.	Exhibit
99.1	Press Release of Forward Air Corporation dated January 12, 2018



#### **NEWS RELEASE**

# FORWARD AIR CORPORATION ANNOUNCES ELECTION OF VALERIE A. BONEBRAKE AS NEW INDEPENDENT DIRECTOR

GREENEVILLE, Tenn.-(BUSINESS WIRE)-January 12, 2018- Forward Air Corporation (NASDAQ:FWRD) today announced the election of Valerie A. Bonebrake as a non-management director of its Board of Directors with a term commencing January 12, 2018. Following her election, the Company's Board will consist of nine members, eight of whom are non-management directors.

Ms. Bonebrake currently serves as a Senior Vice President of Tompkins International and has more than 25 years of industry experience in logistics services. In her role at Tompkins, she has worked with an array of companies and industries in North America and across the globe. Prior to joining Tompkins in 2009, she was the Executive Vice President and a cofounder of the YRC Worldwide subsidiary, Meridian IQ (now MIQ Logistics), a global third party logistics company. Ms. Bonebrake spent 19 years at Ryder System, Inc., in various leadership roles of increasing responsibility in the company's supply chain solutions segment. She also has been recognized by Ingram Magazine as one of the Top Ten Female Executives in Kansas, and was a 2010 recipient of Supply & Demand Chain Executive's Pros to Know award. Valerie holds a M.S. in International Logistics from the Georgia Institute of Technology.

Bruce A. Campbell, Chairman, President and CEO of the Company, commented, "Valerie is a highly qualified and experienced professional with tremendous experience in the transportation industry. We are pleased to welcome her to the Forward Air Board and look forward to benefitting from her considerable expertise and counsel as we continue to execute against our business objectives and take action to create value for our shareholders."

#### **About Forward Air Corporation**

Forward Air keeps your business moving forward by providing services within four business segments: Expedited LTL (provides expedited regional, inter-regional and national LTL services, including local pick-up and delivery, shipment consolidation/deconsolidation, warehousing, and customs brokerage by utilizing a comprehensive national network of terminals); Truckload Premium Services (provides expedited truckload brokerage, dedicated fleet services, as well as high-security and temperature-controlled logistics services); Intermodal (provides first-and last-mile high-value drayage services both to and from seaports and railheads, dedicated contract and Container Freight Station warehouse and handling services); and Pool Distribution (provides high-frequency handling and distribution of time sensitive product to numerous destinations within a specific geographic region). For more information, visit our website at <a href="https://www.forwardaircorp.com">https://www.forwardaircorp.com</a>.

This press release may contain statements that might be considered as forward-looking statements or predictions of future operations. Such statements are made pursuant to the safe harbor provisions of the Private Securities Litigation Reform Act of 1995 and are based on management's belief or interpretation of information currently available. These statements and assumptions involve certain risks and uncertainties. Actual events may differ from these expectations as specified from time to time in filings with the Securities and Exchange Commission. We assume no duty to update these statements as of any future date.

CONTACT: Forward Air Corporation Michael J. Morris, 404-362-8933 <u>mmorris@forwardair.com</u>