

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Weekington, D.C. 20540

Washington, D.C. 20549

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INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting	or Type Responses) ne and Address of Reporting 2. Date of Event Requiring		equiring 3.	3. Issuer Name and Ticker or Trading Symbol					
Person *		Statement		FORWARD AIR CORP [FWRD]					
ADELAAR GLENN A		nth/Day/Year)				_	-		
(Last) (First) (Mid	dle) 05/0	09/2017	4.	4. Relationship of Reporting			5. If Amendment, Date Original		
1915 SNAPPS FERRY ROAD, BUILDING N (Street) GREENEVILLE, TN 37745				Person(s) to Issuer (Check all applicable			Filed(Month/Day/Year) r tify 6. Individual or Joint/Group		
									Director X Officer (gi
				e below)	below)				Filing(Check Applicable Line)
				Senior VP, Systems Tec		lology	_X_ Form filed by One Reporting Person Form filed by More than One Reporting		
(City) (State) (Z	ip)	Tab	le I - Non	-Derivati	ve Securitie				
1.Title of Security			mount of Se		3.			Nature of Indirect Beneficial	
(Instr. 4)		Beneficially Ov (Instr. 4)		ned	Ownership Form: Direct	Ownership			
					(D) or	(IIISU	. 3)		
					Indirect (I)				
					(Instr. 5)				
Common Stock		32,5	577.0766		D				
Reminder: Report on a separate lir				•	•			SEC 1473	(7-02
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Reporting Owners

Deporting Owner Name / Address	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
ADELAAR GLENN A							
1915 SNAPPS FERRY ROAD							
BUILDING N			Senior VP, Systems Technology				

Signatures	
/s/ Michael P. McLean, Attorney-in-Fact	05/19/2017

Explanation of Responses:

**Signature of Reporting Person

GREENEVILLE, TN 37745

- * If the form is filed by more than one reporting person, see Instruction 5(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Date

- (1) This option vests 33 1/3% each year over a three year period commencing on 2/6/15.
- (2) This option vests 33 1/3% each year over a three year period commencing on 2/9/16.
- (3) This option vests $33 \frac{1}{3}\%$ each year over a three year period commencing on $\frac{2}{8}/17$.
- (4) This option vests 33 1/3% each year over a three year period commencing on 2/6/18.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, See Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Power of Attorney

Know all by these presents, that the undersigned (the "Reporting Person") hereby constitutes and appoints Michael L. Hance, Shellie L. Hammock and Michael P. McLean, and each of them, as the Reporting Person's true and lawful

- (1) execute for and on behalf of the Reporting Person, in the Reporting Person's capacity as an officer or director of Forward Air Corporation (the "Company"), Forms 3, 4 and 5 in accordance with Section 16(a) of the Securitic
- (2) do and perform and all acts for and on behalf of the Reporting Person which may be necessary or desirable to complete and execute any such Form 3, 4 or 5 and timely file such form with the United States Securities and Ex
- (3) take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such Attorney-in-Fact, may be of benefit to, and in the best interest of, or legally required by, the Reporting Person.

The Reporting Person hereby grants to each such Attorney-in-Fact full power and authority to do and perform any and every act and thing whatsoever requisite, necessary, or proper to be done in the exercise of any of the rights and property of Attorney shall remain in full force and effect until the Reporting Person is no longer required to file Forms 3, 4 and 5 with respect to the Reporting Person's holdings of and transactions in securities issued by the Comp IN WITNESS WHEREOF, the Reporting Person has caused this Power of Attorney to be executed as of this 9th day of May, 2017.

/s/ Glenn A. Adelaar GLENN A. ADELAAR