UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): April 21, 2010 (April 21, 2010)

FORWARD AIR CORPORATION

(Exact name of registrant as specified in its charter)

Tennessee	000-22490	62-1120025		
(State or other jurisdiction of incorporation)	(Commission File Number)	(I.R.S. Employer Identification No.)		
430 Airport Road				
Greeneville, Tennessee		37745		
(Address of principal executive offices)	2	(Zip Code)		

Registrant's telephone number, including area code: (423) 636-7000

Not Applicable

(Former name or former address, if changed since last report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

□ Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)

□ Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)

□ Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))

□ Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

SECTION 2. FINANCIAL INFORMATION.

Item 2.02. Results of Operations and Financial Condition.

Attached as Exhibit 99.1 and incorporated herein by reference is a copy of a press release, dated April 21, 2010, announcing the financial results of Forward Air Corporation for the quarter ended March 31, 2010.

SECTION 9. FINANCIAL STATEMENTS AND EXHIBITS.

Item 9.01. Financial Statements and Exhibits.

(d) Exhibits. The following exhibit is being furnished as part of this Report.

No. Exhibit

99.1 Press Release of Forward Air Corporation dated April 21, 2010



SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Date: April 21, 2010

FORWARD AIR CORPORATION

By: /s/ Rodney L. Bell

Rodney L. Bell Chief Financial Officer, Senior Vice President and Treasurer

99.1 Press Release of Forward Air Corporation dated April 21, 2010



Exhibit 99.1

FORWARD AIR CORPORATION REPORTS FIRST QUARTER 2010 RESULTS

GREENEVILLE, Tenn.—(BUSINESS WIRE) – April 21, 2010—Forward Air Corporation (NASDAQ:FWRD) today reported results for the quarter ended March 31, 2010.

Operating revenue for the quarter ended March 31, 2010 increased 10.8% to \$107.0 million from \$96.6 million for the first quarter of 2009. Income from operations was \$6.1 million, compared with a \$5.0 million loss from operations for the same quarter of 2009. As a percent of operating revenue, income from operations increased to 5.7%. Net income during the period increased by \$6.5 million to \$3.4 million from a \$3.1 million net loss for the first quarter of 2009. Net income per diluted share for the first quarter of 2010 was \$0.12 compared with a \$0.11 net loss per share in the same quarter of 2009.

The first quarter of 2009 included a \$7.2 million non-cash, pre-tax impairment charge. Excluding the \$7.2 million non-cash, pre-tax impairment charge from the results of operations for the first quarter of 2009, income from operations for the first quarter of 2010 increased \$4.0 million from \$2.1 million for the first quarter of 2009, and net income for the first quarter of 2010 increased \$2.2 million from \$1.2 million for the first quarter of 2009. Similarly, earnings per diluted share for the first quarter of 2010 increased \$0.08 compared to the adjusted earnings per diluted share of \$0.04 for the first quarter of 2009.

Bruce A. Campbell, Chairman, President, and CEO, said, "We are pleased to report that the trends of improved freight volumes and resulting profitability we experienced in the fourth quarter of 2009 continued throughout the first quarter of 2010. These continuing trends provide further encouragement that we have entered a period of sustained recovery."

"Our airport-to-airport network, Forward Air Complete pick-up and delivery as well as TLX expedited truckload brokerage were all solid contributors within our Forward Air, Inc. business segment. Our Forward Air Solutions pool distribution segment, while posting a loss for the first quarter, on the strength of better volumes did generate a profit in March. Since the first quarter is traditionally the weakest period, we are hopeful this may be a sign that the consumer is finally returning to retail sales."

In closing Mr. Campbell said, "Again this quarter please allow me to thank our team of employees and independent owner operators for their contributions to our solid quarterly results. It was their efforts that allowed us to weather the economic storm and emerge on the other side a much stronger company."

Commenting on the Company's guidance for the second quarter, Rodney L. Bell, Senior Vice President and CFO, said, "Starting May 1, 2010 we will begin experiencing the benefit of a general rate increase on the linehaul portion of our airport-to-airport network. Inclusive of this partial quarter benefit, we anticipate that our second quarter 2010 revenues will increase in the range of 13 to 18% over the comparable 2009 period, and we expect income per diluted share to be between \$0.20 and \$0.24 per share."

Review of Financial Results

Forward Air will hold a conference call to discuss first quarter 2010 results on Thursday, April 22, 2010 at 9:00 a.m. EST. The Company's conference call will be available online at <u>www.forwardair.com</u> or by dialing 800.841.9385. A replay of the conference call will be available at <u>www.forwardair.com</u> beginning shortly after the completion of the live call.

About Forward Air Corporation

Forward Air Corporation operates two business segments, Forward Air, Inc. and Forward Air Solutions, Inc.

Forward Air, Inc. is a high-service-level contractor to the air cargo industry providing time-definite ground transportation services through a network of terminals located on or near major airports in 84 cities in the United States and Canada. It provides these services as a cost-effective alternative to air transportation of cargo that must be delivered at a specific time but is relatively less time-sensitive than traditional air freight or when air transportation is not economical.

Forward Air Solutions, Inc. is a provider of pool distribution services. Pool distribution involves the consolidation and shipment of several smaller less-than-truckload shipments to a common area or region. Once at the regional destination, the loads are deconsolidated, then grouped with other shipments with common delivery points, and delivered in a very precise, time-sensitive manner. Our pool distribution network consists of terminals and service locations in 19 cities within the Mid-Atlantic, Southeast, Midwest and Southwestern United States.

Forward Air Corporation Condensed Consolidated Statements of Operations (In thousands, except per share data) (Unaudited)

Operating revenue: Forward Air Airport-to-airport Logistics Other Forward Air Solutions	March 31, 2010 \$ 70,888 13,855 5,875 16,359 106,977	March 31, 2009 \$ 63,055 13,044 5,867
Forward Air Airport-to-airport Logistics Other	13,855 5,875 16,359	13,044
Airport-to-airport Logistics Other	13,855 5,875 16,359	13,044
Logistics Other	13,855 5,875 16,359	13,044
Other	5,875 16,359	,
	16,359	5,867
Forward Air Solutions		
Pool distribution	106,977	14,650
Total operating revenue		96,616
Operating expenses:		
Purchased transportation		
Forward Air		
Airport-to-airport	28,799	26,153
Logistics	10,768	10,279
Other	1,492	1,064
Forward Air Solutions	1,472	1,004
Pool distribution	3,442	2,632
Total purchased transportation	44,501	40,128
	30,670	
Salaries, wages and employee benefits	6,629	29,056
Operating leases	,	6,989
Depreciation and amortization	4,949	4,858
Insurance and claims	2,331	2,716
Fuel expense	2,058	1,682
Other operating expenses	9,784	9,056
Impairment of goodwill and other intangible assets		7,157
Total operating expenses	100,922	101,642
Income (loss) from operations	6,055	(5,026)
Other income (expense):		
Interest expense	(185)) (141)
Other, net	30	(22)
Total other expense	(155)) (163)
Income (loss) before income taxes	5,900	(5,189)
Income taxes	2,481	(2,085)
Net income (loss)	\$ 3,419	\$ (3,104)
Natingama (laga) non sharat		
Net income (loss) per share:	¢ 0.12	¢ (0.11)
	\$ 0.12	\$ (0.11)
	\$ 0.12	<u>\$ (0.11)</u>
Weighted average shares outstanding:		
Basic	28,951	28,906
Diluted	29,074	28,906
Dividends per share:	\$ 0.07	\$ 0.07

Forward Air Corporation Reconciliation of U.S. GAAP Financial Results to Adjusted Financial Results (In thousands, except per share data) (Unaudited)

	Three months ended					
		arch 31, 009 (1)	Impairment Charge	Adjusted March 31, 2009		
(Loss) income from operations	\$	(5,026)	\$ 7,157	\$	2,131	
Income taxes		(2,085)	(2,875)		790	
Net (loss) income		(3,104)	4,282		1,178	
Diluted/weighted average shares outstanding		28,906			28,963	
Net (loss) income per share:	\$	(0.11)		\$	0.04	

(1) - As reported in accordance with United States generally accepted accounting principles.

Forward Air Corporation Condensed Consolidated Balance Sheets (In thousands) (Unaudited)

	Μ	March 31, 2010		December 31, 2009 (a)	
Assets					
Current assets:					
Cash	\$	44,612	\$	42,035	
Accounts receivable, net		58,425		55,720	
Other current assets		7,688		9,471	
Total current assets		110,725		107,226	
Property and equipment		208,654		204,716	
Less accumulated depreciation and amortization		78,323		75,990	
Total property and equipment, net		130,331		128,726	
Goodwill and other acquired intangibles:					
Goodwill		43,332		43,332	
Other acquired intangibles, net		34,701		35,849	
Total goodwill and other acquired intangibles	_	78,033		79,181	
Other assets		1,534		1,597	
Total assets	\$	320,623	\$	316,730	
Liabilities and Shareholders' Equity					
Current liabilities:					
Accounts payable	\$	9,837	\$	10,333	
Accrued expenses		20,745		18,531	
Current portion of debt and capital lease obligations		835		919	
Total current liabilities		31,417		29,783	
Debt and capital lease obligations, less current portion		51,992		52,169	
Other long-term liabilities		4,623		4,485	
Deferred income taxes		4,889		5,786	
Charachaldana' a mitru					
Shareholders' equity: Common stock		290		290	
		18,436			
Additional paid-in capital		,		16,631	
Retained earnings		208,976		207,586	
Total shareholders' equity		227,702	^	224,507	
Total liabilities and shareholders' equity	\$	320,623	\$	316,730	

(a) Taken from audited financial statements, which are not presented in their entirety.

Forward Air Corporation Condensed Consolidated Statements of Cash Flows (In thousands) (Unaudited)

Operating activities:Net income (loss)Adjustments to reconcile net income (loss) to net cash provided by	March 31, 2010 3,419	March 31, 2009 \$ (3.104)
Net income (loss)\$Adjustments to reconcile net income (loss) to net cash provided by	3,419	¢ (2.104)
Adjustments to reconcile net income (loss) to net cash provided by	3,419	¢ (2.104)
		\$ (3,104)
operating activities		
Depreciation and amortization	4,949	4,858
Impairment of goodwill and other intangible assets		7,157
Share-based compensation	1,763	1,780
Loss on disposal of property and equipment	1	9
Provision for loss (recovery) on receivables	90	(35)
Provision for revenue adjustments	423	794
Deferred income taxes	(873)	(1,960)
Tax benefit for stock options exercised	(4)	
Changes in operating assets and liabilities,		
Accounts receivable	(3,218)	8,006
Prepaid expenses and other current assets	1,786	705
Accounts payable and accrued expenses	1,856	(1,751)
Net cash provided by operating activities	10,192	16,459
Investing activities:		
Proceeds from disposal of property and equipment	20	127
Purchases of property and equipment	(5,426)	(4,737)
Other	39	(112)
Net cash used in investing activities	(5,367)	(4,722)
Financing activities:		
Payments of debt and capital lease obligations	(261)	(336)
Proceeds from exercise of stock options	38	
Payments of cash dividends	(2,029)	(2,025)
Cash settlement of share-based awards for minimum tax		
withholdings		(228)
Tax benefit for stock options exercised	4	
Net cash used in financing activities	(2,248)	(2,589)
Net increase in cash	2,577	9,148
Cash at beginning of period	42,035	22,093
Cash at end of period		\$ 31,241

Forward Air Corporation Segment Information (In millions) (Unaudited)

	Three months ended								
	March 31,					Percent			
	2010	Revenue	2009	Revenue	Change	Change			
Operating revenue									
	\$ 90.9	85.0%		85.0 %		10.7 %			
FASI	16.4	15.3	14.8	15.3	1.6	10.8			
Intercompany									
Eliminations	(0.3)	(0.3)	(0.3)	(0.3)					
Total	107.0	100.0	96.6	100.0	10.4	10.8			
Purchased transportation									
Forward Air	41.1	45.2	37.6	45.8	3.5	9.3			
FASI	3.7	22.6	2.8	19.0	0.9	32.1			
Intercompany	5.7	22.0	2.0	19.0	0.9	52.1			
Eliminations	(0.3)	100.0	(0.3)	100.0					
Total	44.5	41.6	40.1	41.5	4.4	11.0			
Salaries, wages and									
employee benefits	00.4	06.7	-01-5	26.2	1.0	0.0			
Forward Air	23.4	25.7	21.5	26.2	1.9	8.8			
FASI	7.3	44.5	7.6	51.3	(0.3)	(3.9)			
Total	30.7	28.7	29.1	30.1	1.6	5.5			
Operating leases									
Forward Air	4.5	5.0	4.8	5.8	(0.3)	(6.3)			
FASI	2.1	12.8	2.2	14.8	(0.1)	(4.5)			
Total	6.6	6.2	7.0	7.2	(0.4)	(5.7)			
Depreciation and amortization									
Forward Air	4.0	4.4	3.9	4.8	0.1	2.6			
FASI	4.0 0.9	5.5	0.9	4.8 6.1	0.1	2.0			
Total	4.9	4.6	4.8	5.0	0.1	2.1			
Insurance and claims									
Forward Air	1.8	2.0	2.2	2.7	(0.4)	(18.2)			
FASI	0.5	3.0	0.5	3.4					
Total	2.3	2.1	2.7	2.8	(0.4)	(14.8)			
Fuel expense									
Forward Air	0.9	1.0	0.7	0.9	0.2	28.6			
FASI	1.2	7.3	1.0	6.8	0.2	20.0			
Total	2.1	2.0	1.7	1.8	0.4	23.5			
Other operating expenses									
Forward Air	8.0	8.8	7.4	9.0	0.6	8.1			
FASI	1.8	11.0	1.6	10.8	0.2	12.5			
Total	9.8	9.1	9.0	9.3	0.8	8.9			
Impairment of goodwill									
and other intangible assets									
Forward Air			0.2	0.2	(0.2)	(100.0)			
FASI			7.0	47.3	(7.0)	(100.0)			
Total			7.2	7.5	(7.2)	(100.0)			
Income (loss) from									
operations Forward Air	7.2	7.9	3.8	4.6	2.4	89.5			
Forward Air FASI	(1.1)	(6.7)	3.8 (8.8)	4.6 (59.5)	3.4 7.7	89.5 (87.5)			
	\$ 6.1	5.7%		(5.2)%		(222.0)%			
10141	φ 0.1	5.770	φ (5.0)	(3.2) 70	ψ 11.1	(222.0) 70			

Forward Air Corporation Forward Air Inc. Operating Statistics

Three months ended					
arch 31, 2010	Μ	arch 31, 2009	Percent Change		
 92.1%	, D	95.4%	(3.5)%		
(2.0		(2.0)			
12.6		12.6			
378,625		338,602	11.8		
30,050		26,873	11.8		
546,313		502,890	8.6		
43,358		39,912	8.6		
69,106		53,889	28.2		
12.6%	,)	10.7%	17.8		
693		673	3.0		
\$ 15.93	\$	16.61	(3.6)		
1.09		0.73	1.9		
1.74		1.32	2.2		
\$ 18.76	\$	18.66	0.5		
5 027		5 504	6.1		
			4.5		
	_		<u>4.5</u> 5.6		
0,075		0,213	3.0		
\$ 1.61	\$	1.61			
\$ 1.24	\$	1.25	(0.8)%		
\$ \$ \$ \$	$ \begin{array}{r} 2010 \\ 92.1\% \\ 63.0 \\ 12.6 \\ 378,625 \\ 30,050 \\ 546,313 \\ 43,358 \\ 69,106 \\ 12.6\% \\ 693 \\ $ 15.93 \\ 1.09 \\ 1.74 \\ $ 18.76 \\ \hline $ 18.76 \\ 5,937 \\ 2,738 \\ 8,675 \\ $ 1.61 \\ \hline $	$ \begin{array}{r} 2010 \\ 92.1\% \\ 63.0 \\ 12.6 \\ 378,625 \\ 30,050 \\ 546,313 \\ 43,358 \\ 69,106 \\ 12.6\% \\ 693 \\ \frac{546,313}{12.6\%} \\ 593 \\ \frac{1.74}{1.09} \\ \frac{1.74}{1.09} \\ \frac{1.74}{1.8.76} \\ \frac{5,937}{2,738} \\ \frac{5,937}{2,738} \\ 8,675 \\ \$ \\ 1.61 \\ \$ $	$\begin{array}{c c c c c c c c c c c c c c c c c c c $		

¹ - In thousands
² - In cents per pound; percentage change is expressed as a percent of total yield.

Important Information

This press release contains "forward-looking statements," as defined in Section 27A of the Securities Act of 1933, as amended, and Section 21E of the Securities Exchange Act of 1934, as amended. Forward-looking statements are statements other than historical information or statements of current condition and relate to future events or our future financial performance. Some forward-looking statements may be identified by use of such terms as "believes," "anticipates," "intends," "plans," "estimates," "projects" or "expects." Such forward-looking statements involve known and unknown risks, uncertainties and other factors that may cause our actual results, performance or achievements to be materially different from any future results, performance or achievements expressed or implied by such forward-looking statements. The following is a list of factors, among others, that could cause actual results to differ materially from those contemplated by the forward-looking statements: economic factors such as recessions, inflation, higher interest rates and downturns in customer business cycles, our inability to maintain our historical growth rate because of a decreased volume of freight moving through our network or decreased average revenue per pound of freight moving through our network, increasing competition and pricing pressure, surplus inventories, loss of a major customer, the creditworthiness of our customers and their ability to pay for services rendered, our ability to secure terminal facilities in desirable locations at reasonable rates, the inability of our information systems to handle an increased volume of freight moving through our network, changes in fuel prices, claims for property damage, personal injuries or workers' compensation, employment matters including rising health care costs, enforcement of and changes in governmental regulations, environmental and tax matters, the handling of hazardous materials, the availability and compensation of qualified independent owner-operators and freight handlers needed to serve our transportation needs and our inability to successfully integrate acquisitions. As a result of the foregoing, no assurance can be given as to future financial condition, cash flows or results of operations. We undertake no obligation to update or revise any forward-looking statements, whether as a result of new information, future events or otherwise.

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