

UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
WASHINGTON, D.C. 20549

FORM 8-K

CURRENT REPORT
Pursuant to Section 13 or 15(d) of
the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): February 8, 2010 (February 8, 2010)

FORWARD AIR CORPORATION

(Exact name of registrant as specified in its charter)

<u>Tennessee</u> (State or other jurisdiction of incorporation)	<u>000-22490</u> (Commission File Number)	<u>62-1120025</u> (I.R.S. Employer Identification No.)
<u>430 Airport Road Greeneville, Tennessee</u> (Address of principal executive offices)		<u>37745</u> (Zip Code)

Registrant's telephone number, including area code: (423) 636-7000

Not Applicable

(Former name or former address, if changed since last report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

- Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
 - Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
 - Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
 - Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))
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SECTION 7. REGULATION FD DISCLOSURES.

Item 7.01. Regulation FD Disclosures.

Exhibit 99.1 contains certain historical operating statistics of Forward Air Corporation. This information is being furnished pursuant to this Item 7.01 and shall not be deemed “filed” for purposes of Section 18 of the Securities Exchange Act of 1934, as amended (the “Exchange Act”), or otherwise subject to the liabilities of that section, and it shall not be deemed incorporated by reference in any filing under the Securities Act of 1933, as amended, or under the Exchange Act, whether made before or after the date hereof, except as expressly set forth by specific reference in such filing to this Current Report on Form 8-K.

SECTION 9. FINANCIAL STATEMENTS AND EXHIBITS.

Item 9.01. Financial Statements and Exhibits.

(d) Exhibits. The following exhibit is being furnished as part of this Report.

<u>No.</u>	<u>Exhibit</u>
99.1	Forward Air Inc. Historical Operating Statistics.

SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

FORWARD AIR CORPORATION

Date: February 8, 2010

By: /s/ Rodney L. Bell
Rodney L. Bell
Chief Financial Officer, Senior Vice President and
Treasurer

EXHIBIT INDEX

No.	Exhibit
99.1	Forward Air Inc. Historical Operating Statistics.

**Forward Air
Corporation
Forward Air Inc. Operating
Statistics**

	Three months ended											
	Dec 31,	Sep 30,	Jun 30,	Mar 31,	Dec 31,	Sep 30,	June 30,	Mar 31,	Dec 31,	Sep 30,	Jun 30,	Mar 31,
	2009	2009	2009	2009	2008	2008	2008	2008	2007	2007	2007	2007
Operating ratio	89.2	91.6	93.0	95.4	86.7	82.2	81.3	82.9	82.4	82.2	80.3	81.9
Business days	64.0	64.0	64.0	63.0	63.0	64.0	64.0	64.0	64.0	63.0	64.0	64.0
Business weeks	12.8	12.8	12.8	12.6	12.6	12.8	12.8	12.8	12.8	12.6	12.8	12.8
Airport-to-airport:												
Tonnage												
Total pounds ¹	398,921	357,768	357,678	338,602	407,162	441,269	459,637	435,895	459,123	405,503	405,166	400,751
Average weekly pounds ¹	31,166	27,951	27,944	26,873	32,314	34,474	35,909	34,054	35,869	32,183	31,654	31,309
Linehaul shipments												
Total linehaul	565,922	511,959	514,452	502,890	557,260	568,031	594,612	575,396	611,808	558,515	579,479	569,095
Average weekly	44,213	39,997	40,192	39,912	44,227	44,377	46,454	44,953	47,798	44,327	45,272	44,461
Forward Air Complete shipments	71,442	73,696	67,109	53,889	56,930	53,161	46,172	46,119	21,601	13,366	16,077	8,145
As a percentage of linehaul shipments	12.6	14.4	13.0	10.7	10.2	9.4	7.8	8.0	3.5	2.4	2.8	1.4
Average linehaul shipment size	705	699	695	673	731	777	773	758	750	726	699	704
Revenue per pound ²												
Linehaul yield	15.84	15.91	15.93	16.61	16.52	16.39	16.53	16.77	17.13	17.28	17.59	17.35
Fuel surcharge impact	0.96	0.93	0.69	0.73	1.43	2.15	1.89	1.37	1.13	1.02	1.07	0.95
Forward Air Complete impact	1.62	1.83	1.64	1.32	1.21	1.17	0.98	0.69	0.48	0.36	0.40	0.22
Total airport-to-airport yield	18.42	18.67	18.26	18.66	19.16	19.71	19.40	18.83	18.74	18.66	19.06	18.52
Logistics:												
Miles												
Owner operator ¹	6,421	6,111	6,211	5,594	5,408	4,812	5,005	3,615	3,655	3,145	2,970	2,047
Third party ¹	3,220	2,288	1,800	2,621	4,605	3,618	3,593	3,844	4,061	4,381	3,949	2,764
Total Miles	9,641	8,399	8,011	8,215	10,013	8,430	8,598	7,459	7,716	7,526	6,919	4,811
Revenue per mile	\$ 1.62	1.58	1.54	1.61	1.69	1.80	1.80	1.67	1.56	1.57	1.54	1.70
Cost per mile	\$ 1.25	1.23	1.19	1.25	1.33	1.33	1.26	1.23	1.19	1.23	1.18	1.28

¹ - In thousands.

² - In cents per pound; percentage change is expressed as a percent of total yield.